

myVisitNow[®] Psychiatry and Behavioral Health Therapy



Self-schedule your online appointment today!

With **myVisitNow** from MVP Health Care[®], you can have face-to-face visits with board-certified psychiatrists and behavioral health specialists from the comfort of your home, or anywhere.

Psychiatry and behavioral health therapy from myVisitNow offers members:

Convenience. Have your visit at home, on-the-go, or anywhere from your smartphone, tablet, or computer with a webcam.

Confidentiality. Visits are HIPAA*-compliant, allowing you to meet safely and securely.

Availability. Self-schedule appointments seven days a week, 8 am–11 pm—you may even see a psychiatrist or therapist that very same day.

What's the difference between these two services, and who should you visit?

Psychiatrists are medical doctors that can evaluate mental health concerns, determine a need for ongoing therapy or counseling, and make recommendations or prescribe medications, as appropriate (with the exception of controlled substances).

Behavioral Health Specialists are here to listen, offer coaching, and help direct you to the care you need. They promote well-being by preventing or intervening in mental health conditions, such as depression or anxiety, and provide support for individuals.

While the best form of treatment may be a combination of medication management and talk therapy, both psychiatrists and therapists are able to evaluate and determine what services best suit your needs.

Other myVisitNow Services**

- 24/7 Adult Urgent Care
- Nutrition & Diet
- 24/7 Pediatric Urgent Care
- Lactation Consultations

* HIPAA (Health Insurance Portability and Accountability Act of 1996) is United States legislation that provides data privacy and security provisions for safeguarding medical information.

** myVisitNow is not for life-threatening or emergency situations. myVisitNow from MVP Health Care is powered by American Well. Regulatory restrictions may apply.

Health benefit plans are issued or administered by MVP Health Plan, Inc.; MVP Health Insurance Company; MVP Select Care, Inc.; and MVP Health Services Corp., operating subsidiaries of MVP Health Care, Inc. Not all plans available in all states and countries.

Join MVP members who rate these services at 5 out of 5 for satisfaction!

Get started today!



Log In/Sign Up at myvisitnow.com to schedule your visit.

Trouble logging in or program questions?

Call myVisitNow Support at
1-855-666-9557.

