

CAMP LOCATION

Camp Northwoods is based in Falstaff's Pavilion on the Skidmore College campus. Falstaff's Parking Lot is available to parents with a path leading through the woods to Falstaff's. Directions can be found on the Skidmore College website: www.skidmore.edu. Follow the links for Maps and Directions (top right of page).

CAMP HOURS

8:30am- 5:00pm

Please pick up your camper by 5pm. There will be a fee for picking up your camper after 5pm: \$5 for the first 15 minutes; \$5 for every 5 minutes after 5:15pm. Payment is expected at time of pick-up.

What to do if your child is absent:

In the event your child will be absent from camp or late to arrive, please notify Camp Northwoods by 8:45am. (On field trip days, the staff would appreciate you notifying them as early as possible.)

CAMP CONTACT INFORMATION

Prior to June 24, or for inquiries:

Office of the Dean of Special Programs
Debbie Amico—Program Coordinator
518-580-5596—phone
518.580.5548— fax
damico@skidmore.edu



After June 24, if your child is currently enrolled in camp:

Camp Northwoods at Falstaff's Pavilion
From off-campus, dial directly 580-8116.
From on-campus dial x8116.
campnorthwoods@skidmore.edu

www.skidmore.edu/summer



northwoods^{CAMP}

*Camp Northwoods
opens the door to
friendships and
memories that will
last a lifetime*

SKIDMORE
C O L L E G E



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2013

PARENTS' CAMP INFORMATION AND FORMS

SESSION I:

June 24 - July 5, 2013
(No camp July 4)

SESSION II:

July 8 - 19, 2013

SESSION III:

July 22- August 2, 2013

SESSION IV:

August 5 - 9, 2013

Thank you again for registering your child for Camp Northwoods. We are looking forward to welcoming your camper to Skidmore in just a few weeks. This packet of information will help you and your child prepare for the first day of camp. If you have any questions, please let us know.

REQUIRED FORMS – DUE JUNE 1, 2013

Please complete the enclosed forms and return to our office on or before June 1, 2013. Campers with incomplete forms will not be permitted to attend camp.

- Authorization for Medical Treatment Form and Camp Permission Form (blue card, both sides)
- Health History Form (gold sheet, both sides; be sure to include up-to-date immunization information; can attach completed form from physician)
- Tuition paid in full by May 15, 2013 (invoice with balance due will be mailed under separate cover)
- **MAIL COMPLETED FORMS BY JUNE 1st to:** Debbie Amico, Camp Northwoods, Office of the Dean of Special Programs, Skidmore College, 815 North Broadway, Saratoga Springs, NY 12866

DAILY SCHEDULE AND ACTIVITIES (subject to change)

8:30—9:00am	Opening Ceremonies and Orientation
9:00 am—Noon	Art, Music, Nature, Recreation including Swim Lessons and Free Swim, Special Events and Snack
Noon—1:00pm	Lunch, Songs and Stories
1:00—4:30pm	Art, Music, Nature, Recreation, Special Events and Snack
4:30—5:00pm	Clean Up and Closing Ceremonies

- Swim Lessons are taught by a certified Water Safety Instructor in the Skidmore College Pool at the Williamson Sports Center.
- Nature Activities are designed to encourage an appreciation of the environment and ecology.
- Field Trips to area destinations will occur every week.

UNITS

Evergreens: Entering Grades 1 & 2
 Redwoods: Entering Grades 3 & 4
 Blue Spruces: Entering Grades 5 & 6



WHAT TO BRING

Please review this list to be sure you are ready for camp. To foster independence and responsibility, you may want to delegate this task to your camper. Drawings or pictures of lunch boxes, swim suits, etc., can aid the younger campers in reading the list.

The First Day:

- Healthy snack for unit (see information below)
- Sunscreen
- Mosquito repellent
- Rain gear
- Emergency change of clothes

Daily :

- Backpack for walking with personal belongings
- Lunch packed in insulated bag/cooler with cold pack
- Swim suit and towel (extra swimsuit a plus, but not required)
- Sneakers
- Water bottle or canteen (straps for carrying are great!)



Camp Northwoods offers an exciting program of sports, cultural arts, nature study and relaxed play for children.

Suggested Healthy Snacks

Campers are required to provide one healthy snack for their unit (approximately 26 campers) for each session. Foods that keep well are to be labeled clearly and delivered the first day of each session. Please make arrangements with the staff for snacks that require preparation just prior to serving. The following is a list of possible snack choices:

cereal mix (gorp)	fruit kabobs
cheese and crackers	fruit or yogurt popsicles
crackers and fruit spread	milk
ethnic dishes	muffins
fresh fruits or vegetables	pretzels
fruit juice	sparkling fruit juice

If your camper is on a restricted diet or has certain food allergies, you will need to provide acceptable snacks for him/her daily.

Please do not send money with your camper. Campers are not allowed to use the vending machines on campus. No money is necessary on trip days unless you receive written notice from the Camp Directors.

