

When you are worried about a student

STUDENT ASSESSMENT AND INTERVENTION (SAIG)

As a behavioral assessment and intervention team, SAIG is a multidisciplinary group whose purpose is to support students by developing a centralized and coordinated response for any student of concern brought to our attention.

How does the Student Assessment and Intervention Group work?

- SAIG meets weekly during the school year to review/respond to reports about students of concern.
- Reports come to the group through a variety of channels, such as Campus Safety Reports, Residential Life Incident Documents, and academic reports to the Office of Academic Advising or to Student Academic Services.
- Each report about a student is reviewed and cross-referenced with information from other offices. All information is held confidentially.
- Following a review of each report, the group makes a decision about how the College should respond and delegates responsibility to a group member or relevant office. The group also reviews outcomes and safety concerns from major campus events and tracks statistical trends of student behavior and campus responses.
- The group assesses and makes recommendations for institutional policies and practices with regard to the health, welfare, and safety of students.

For further information or to report a non-urgent incident, contact: saig-report-list@skidmore.edu

Guidelines for Responding to Students of Concern

Faculty and staff members, because of their close contact with students, are in a unique position to notice students who are experiencing difficulty or might be distressed.

- An expression of interest and concern from the right person at the right time can make all the difference in the world.
- You do not have to take on the role of counselor. You need only notice signs of
 distress and communicate your concern to the student. Make sure you know about oncampus resources so you can offer appropriate referrals to the student.
- Communicate your concerns to the appropriate office. Emphasize respect and care in supporting a campus of inclusion.
- The vast majority of students who experience difficulties will be able to have successful and productive academic careers, with appropriate support and intervention

Be proactive: Engage students early on about your concerns. Set clear expectations about your role. It can be helpful to provide students with a list of campus resources and information about how to access help from appropriate offices. Check in with students, either verbally or in writing, if the situation continues to concern you. **Listen sensitively and carefully:** Vulnerable students need to be seen, heard, and

helped. Many students will have difficulty clearly articulating their distress. Don't be afraid to ask students directly if their functioning is impaired or if they are having thoughts about harming themselves or others.

De-escalate and support: Offer support and help while being clear about your expectations. Avoid threatening, judgmental, humiliating, or intimidating statements. Help students connect with college resources needed to achieve stabilization. Both the Student Assessment and Intervention Group (SAIG) and the Counseling Center provide individual consultations about students of concern.

Initiate a coordinated and timely response: Share information and consult with appropriate College personnel to coordinate care for the student. Safeguard the student's privacy rights. Always report serious or persistent inappropriate behavior as soon as possible to the Dean of Students (518-580-5760), Associate Dean of Faculty (518-580-5725), or Counseling Center (518-580-5555).

Safety first: The welfare of the student and the campus community is our top priority when a student displays threatening or potentially violent behavior. Coordinated professional help and follow-up care are our most effective means of preventing suicide and violence.

Trust your instincts: If you experience significant unease about a student, seek consultation from your department chair or supervisor, the Student Intervention and Assessment Group (www.skidmore.edu/dean-students/saig.php), or the Counseling Center (www.skidmore.edu/counseling/). Promptly report safety concerns and student conduct-code violations.

When and Whom to Contact, by Levels of Urgency

GREEN

- Student is still getting to class, eating and sleeping, functioning on a daily basis
- Emotionally intense
- Might be hard to hear, might pull at your heartstrings
- Might involve poor choices or questionable judgment
- Student perception may be that they cannot handle situation
- No safety concerns

Campus Resource: Contact the appropriate office (OAA, SAS, Res Life, Health Services, Counseling) if you are concerned that a student needs help that you cannot provide.

YELLOW

- Heightened worry about student's functioning---either academic, social, or daily routines
- Might involve worsening of a chronic issue/condition
- Might involve several areas of a student's life
- Might involve poor judgments, risky behaviors, "falling apart"

Campus Resource: Contact the Counseling Center for consultation if you believe the student has a serious need for help. During business hours, consider walking the student over to the Counseling Center to begin the triage and intervention process.

RED

- Safety concerns
- · Difficulties with reality-testing
- Severely impaired judgment
- Medical/health emergency

Campus Resource: If you believe that you and/or someone else may be in any kind of immediate physical danger at any time, call Campus Safety: 5566 from a campus phone, or 518-580-5566 from off campus.

In the event of an EMERGENCY - call Campus Safety immediately 518-580-5566



HELPING STUDENTS IN CRISIS

Resources			
Department	Number	Location	Description
Campus Safety	518-580-5566	Jonsson Tower, Ground	Campus Safety is a full-service 24/7 resource for the Skidmore community. The office provides comprehensive safety and security services to the college. Services include escorts, first aid, and training to improve the quality of life for our community and visitors.
Counseling Center	518-580-5555	Jonsson Tower, 1st Floor	The Counseling Center provides short-term therapy, group therapy, outreach, emergency assessment, and crisis services to students, as well as consultations regarding students of concern to all members of the Skidmore community. Services are confidential and included in tuition.
Dean of Students	518-580-5760	Case Center, 3rd Floor	The Dean of Students Office oversees a broad range of programs and services designed to promote academic success, cocurricular life, and personal development.
First-Year Experience	518-580-8111	Starbuck Center 201A	The office of the First Year Experience assists new students in making the academic and social transition to college. Its centerpiece is the Scribner Seminar—a small, interdisciplinary course that helps students to explore ideas, challenge assumptions, and gain first-hand experience of faculty expectations of academic rigor and excellence.
Health Promotion	518-580-5684	Wiecking Hall,1st Floor	The office of Health Promotion aims to make the promotion of student health an integral part of all aspects of the Skidmore experience through (1) education, public health programming, and research; (2) translation of research into health promotion practice and service on campus; and (3) the development and advocacy of evidence-based health policy.
Health Services	518-580-5550	Jonsson Tower, 1st Floor	Health Services is staffed by Nurse Practitioners, Registered Nurses and a consulting physician. The office provides a wide range of primary health care to students, including walk-in urgent care, travel medicine, immunizations and women's health care. Services are confidential and all office visits are covered by tuition
Academic Advising	518-580-5720	Starbuck Center, 2nd Floor	The Office of Academic Advising oversees Skidmore's faculty-based academic advising system and participates in reviewing and reporting student academic status.
Religious and Spiritual Life	518-580-8340	Case Center 2nd Floor	The Office of Religious and Spiritual Life provides opportunities for all members of the Skidmore community to develop their religious and spiritual lives as an important part of the educational experience.
Residential Life	518-580-5765	Rounds Hall, 1st Floor	The Office of Residential Life a is committed to creating a safe and supportive residential environment that fosters the academic and personal development of all students. The office helps students navigate the challenges and opportunities presented by community living, provides multiple housing options and focuses on personal accountability and development within the context of a residential, liberal arts college.
Student Academic Services	518-580-8150	Starbuck Center, 1st Floor	The Office of Student Academic Services (SAS) works to promote high student academic achievement and help students take full advantage of the wide variety of opportunities available at Skidmore. As part of the College's commitment to academic excellence, the office serves all students interested in strengthening their academic performance, by organizing peer tutoring, study groups, and drop-in tutoring and offering one-on-one and small-group academic support.
Student Diversity Programs	518-580-8212	Case Center 2nd Floor	The Office of Student Diversity Programs (OSDP) promotes cross-cultural understanding and positive relationships in support of student success and an inclusive campus community.
Title IX Coordinator 518-580-5708		Palamountain 434	The Title IX Coordinator is charged with oversight of the College's prevention and educational efforts around prohibiting discrimination on the basis of sex. The Coordinator is responsible for fulfilling Skidmore's commitment to a fair and equitable process to address serious matters of sexual and gender-based misconduct.

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