

Tip of the Month - Fun Is Good

"Fun Is Good" is about helping you make your time spent at work as satisfying as possible. And although fun is the foundation, Fun Is Good is about teamwork, leadership, creativity, passion, attitude, and overcoming challenges. Once you understand the fun foundation, you can incorporate it into just about every element of life and work!

Fun goes much deeper than laughing, joking and just having a good time.

- It's in building relationships and creating a community with co-workers and teammates
- It's in treating people the way they should be treated
- It's having a positive attitude
- It's in accomplishments and
- It's in bringing passion to work every single day

Thoughts on bringing passion to your work:

- Passion is the motivation that drives us to create our most meaningful work - it's what keeps us going.
- It helps us determine our visions and accomplish even the most unlikely challenges.
- When we find our passion and bring it to work, we give ourselves the best opportunity to succeed.

Thoughts on bringing fun into the workplace:

- Declare a music theme to play when the group is working on a big project (80s Music Day)
- Begin the day and have everyone share what is going right
- Have a color theme day (everyone wears a piece of clothing that is blue)

Thoughts on the effects of a negative attitude:

- Even one individual with a negative attitude can darken a team member's day.
- Besides making an individual unhappy, a negative attitude can affect many other areas of life and work
- It will decrease that person's chances for success.

Thoughts on change being positive:

- Although change can be difficult, change is very important for an organization that wants to grow.
- For continued success, institutions need to continually reinvent themselves with new ideas.

Thoughts on building working relationships:

- Building working relationships creates a strong camaraderie and makes coming to work a little more fun.
- How you interact with your coworkers and others everyday can set the general dynamic for your department.
- When people know that their colleagues truly care about their well-being and their success, they know they are supported.

Thoughts on building a cohesive team:

- Communication is the most important part to developing a cohesive team. If you don't have that, it's hard to build a strong group.
- Trust is a necessary part of building a team. Trust includes knowing you have the freedom to do something different or say something different.

Thoughts for creating fun in the workplace:

- Create a monthly rotating award within your team, (such as Master of Fun - Master of Congeniality)
- When a big project is completed have a bubble party (everyone gets a bottle of bubbles comes out of their office and has a bubble blowing party)
- Organize a department brown bag lunch party (share vacation stories or family pictures)
- Theme Days - make Fridays a theme day (hat day - color day)
- Stretch Party - have a stretch party (everyone comes out of their office to stretch at 3:00 pm)

When you:

- Discover Your Passion
 - Passion starts in your heart.
 - What excites you?
 - Know why you are here.
 - Passion is what keeps us motivated.
- Bring A Positive Attitude
 - Attitude is 90% of life.
 - Don't take yourself too seriously.
 - It's your choice to have a good attitude.
 - Laughter is a strength.
- Show People You Care
 - Just be nice.
 - We're all in this together.
 - Find ways to help and surprise people with kindness.

Fun is Good...

- Is a feeling.
- Is a way of life.
- Is an attitude.