

CASEY A. SCHOFIELD

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Licensed Clinical Psychologist (#023572-01)
Psychology Department
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CURRICULUM VITAE

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ACADEMIC POSITIONS

June 2018 – Present	Associate Professor Skidmore College, Saratoga Springs, NY
September 2012 – May 2018	Assistant Professor Skidmore College, Saratoga Springs, NY
August 2012 – August 2018	Research Associate Brown University, Providence, RI
August – May 2010	Lecturer Providence College, Providence, RI

EDUCATION

2010 –2012	Postdoctoral Fellow in Psychosocial Research Brown University/Butler Hospital, Providence RI
2009 –2010	Clinical Psychology Predoctoral Internship Brown University Consortium (APA approved) Providence, RI
2006-2010	Binghamton University, Ph.D., Clinical Psychology Major Advisor: Meredith E. Coles, Ph.D.
2004-2006	Binghamton University, M.A., Psychology Major Advisor: Meredith E. Coles, Ph.D.
1998-2002	Colgate University, B.A., Psychology Hamilton, NY

GRANT SUPPORT

Consultant: "*RCT of a Tailored Walking Program to Reduce Stress Among Pregnant Women*," National Institute of Nursing Research, R01NR014540-01A1; 2014-2019. Total award: \$310,350.

Co-Investigator: "*Behavioral and Ecological Suicide Tracking: Attention, Interpretation, & Memory*," National Institute of Mental Health, R01MH0977410-01A1; 2013-2018. Total award: \$444,175.

Principal Investigator: "*Assessing Mental Health Literacy for the Anxiety Disorders in Future Primary Care Physicians*," Brown University Internship Training Grant; 2009-2010. Total award: \$1,319

Principal Investigator: "*Attentional Biases in Social Phobia: Tracking Eye Movements*," National Institute of Mental Health Predoctoral NRSA Training Fellowship, 1F31MH082482 – 01; 2007-2009. Total award: \$59,738.

HONORS AND AWARDS

Preregistration award granted by OSF for co-authored paper with Gabriella Ponzini '18 (\$1000), 2018
Student (Monica Abdul-Chani) was awarded the annual student poster award for the Clinical Psychology in Liberal Arts Colleges (CPLAC) Special Interest Group at ABCCT, 2016

Nominated for the Honors Forum Jon Ramsey Lecture at Skidmore College, 2015

Student (Siena Tugendrajch) placed 1st in poster awards at the Eastern Psychological Association annual meeting, 2013

Elected Senior Fellow of Postdoctoral Trainees at Brown University, 2011

Anxiety Disorders Association of America Career Development Award, 2010

Received Binghamton University Graduate Student Excellence in Research Award, 2009

American Psychological Association Dissertation Research Award, 2007

PEER-REVIEWED RESEARCH ARTICLES *Skidmore student/alum author

1. Rogers, M.L., Carosa, C.L., Haliczzer, L.A., **Schofield, C.A.**, & Armev, M.F. (in press). The suicide dot probe task: Psychometric properties and validation in relation to suicide-related outcomes. *Suicide and Life-Threatening Behavior*.
2. Battle, C.L., **Schofield, C.A.**, Kraines, M.A. & Abrantes, A.M. (in press). Acceptability, feasibility, and preliminary efficacy of a prenatal walking program for depressed pregnant women. *Journal of Affective Disorders Reports*.
3. **Schofield, C.A.** *Brown, S., *Siegel, I.E., & Moss-Racusin. C. (2023). What you don't expect when you're expecting: Demonstrating stigma in perinatal psychological disorders. *Stigma and Health*, advanced online publication.
4. **Schofield, C.A.** & *Ponzini, G. (2020). The Skidmore anxiety stigma scale (SASS): A brief and covert self-report measure. *Journal of Anxiety Disorders*, 74, 1-9.
5. Moss-Racusin, C., **Schofield, C.A.**, *Brown, S. & *O'Brien, K. (2020). Breast is (Viewed as) Best: Demonstrating formula feeding stigma. *Psychology of Women Quarterly*, 44, 503-520.
6. **Schofield, C.A.**, *Ponzini, G., & Becker, S. (2020) Evaluating approaches to marketing evidence based psychotherapy: does evidence matter to consumers? *Cognitive Behaviour Therapy*, 49, 257-269.
7. **Schofield, C.A.**, *Abdul-Chani, M. & Gaudiano, B.A. (2020). Causal explanations for social anxiety disorder: Implications of biological framing in terms of stigma and treatment perceptions. *Journal of Mental Health*, 29, 84-91.
8. *Ponzini, G. & **Schofield, C.A.** (2019). Randomized controlled trials evaluating the effectiveness of a direct-to-consumer marketing campaign for social anxiety disorder. *Stigma and Health*, 4, 450-461.

° Winner, Open Science Framework Preregistration Challenge

9. *Ponzini, G., Van Kirk, N., Schreck, M., Nota, J.A., **Schofield, C.A.**, Gironde, C., & Elias, J. (2019). Does motivation impact OCD symptom severity? An exploration of longitudinal effects. *Behavior Therapy*, 50, 300-313.
10. Kuckertz, J.M., **Schofield, C.A.**, Clerkin, E.M., Primack, J., Boettcher, H., Weisberg, R.B., Amir, N., & Beard (2019). Attention bias modification for social anxiety disorder: What do patients think and why does it matter? *Behavioural and Cognitive Psychotherapy*, 47, 16-38.

----- **tenure and promotion at Skidmore College** -----

11. Gaudiano, B., **Schofield, C.**, Davis, C., & *Rifkin, L. (2017). Psychological inflexibility as a mediator of the relationship between depressive symptom severity and public stigma in depression. *Journal of Contextual and Behavioral Sciences*, 6, 159-165.
12. **Schofield, C.A.**, *Weis, H., *Ponzini, G., & McHugh, R.K. (2017). Improving perceptions of cognitive-behavioral therapy with brief website exposure: Does neuroscientific allure impact attitudes? *Journal of Behavior Therapy and Experimental Psychiatry*, 57, 53-61.
13. *Rifkin, L., **Schofield, C.A.**, Beard, C., & Armstrong, T. (2016). Adaptation of a paradigm for examining the development of fear beliefs through the verbal information pathway in preschool-age children. *Behaviour Research and Therapy*, 87, 34-39.
14. Beard, C., Fuchs, C., Ansaani, A., Schulson, M., **Schofield, C.A.**, Clerkin, E.M., & Weisberg, R.B. (2016). A pilot open trial of cognitive bias modification for panic disorder. *Cognitive Therapy and Research*, 40, 792-798.
15. Laborda, M.A., **Schofield, C.A.**, Johnson, E.M., Schubert, J.R., George-Denn, D., Coles, M.E., & Miller, R.R.. (2016). The extinction and return of fear of public speaking. *Behavior Modification*, 40, 901-921.
16. **Schofield, C.A.**, Moore, C.D., *Hall, A., & Coles, M.E. (2016). Understanding perceptions of anxiety disorders and their treatment. *Journal of Nervous and Mental Disease*, 204, 116-122.
17. Gaudiano, B., **Schofield, C.A.**, Ellenberg, S., & *Rifkin, L. (2016). A randomized survey of the public's expectancies and willingness to participate in clinical trials of antidepressants versus psychotherapy for depression. *The Primary Care Companion to CNS Disorders*, 18, 10.4088/PCC.15m01879.
18. Schneller, A., **Schofield, C.A.**, *Frank, J., *Hollister, E., & *Mamuszka, L. (2015). A case study of indoor garden based learning with hydro- and aquaponics: Evaluating pro-environmental knowledge, perception, and behavior change. *Applied Environmental Education and Communication*, 14, 256-265.
19. **Schofield, C.A.**, Weeks, J., *Taylor, L. & *Karnedy, C. (2015). Skidmore Clips of Emotional and Neutral Scenarios (SCENES): Novel dynamic stimuli for social cognition research. *Psychiatry Research*, 230, 853-859.

20. Battle, C.L., Abrantes, A.M., **Schofield, C.A.**, & Kraines, M. (2015). Physical activity as an intervention for antenatal depression: Rationale for developing tailored exercise programs for pregnant women with depression. *Journal of Midwifery & Women's Health*, 60, 479-482.
21. Moore, C.D., **Schofield, C.**, Van Rooyen, D., & Andersson, L. (2015). Development and preliminary validation of a scale to measure self-efficacy for seeking mental health care (SE-SMHC). *SpringerPlus*, 4, 1-8.
22. Clerkin, E.M., Beard, C., Fisher, C.R., & **Schofield, C.A.** (2015). An attempt to target anxiety sensitivity via cognitive bias modification. *Plos ONE*, 10, 1-13.
23. **Schofield, C.A.**, Battle, C.B., Howard, M., & Ortiz-Hernandez, S. (2014). Symptoms of anxiety disorders in a perinatal psychiatric sample: A chart review. *Journal of Nervous and Mental Disease*, 202, 154-160.
24. Coles, M.E., **Schofield, C.A.**, & Nota, J.A. (2014). Initial data on recollections of pathways to inflated responsibility beliefs in patients with obsessive compulsive disorder. *Behavioural and Cognitive Psychotherapy*, 17, 1-11.
25. Battle, C.L., Salisbury, A.L., **Schofield, C.A.**, Ortiz-Hernandez, S. (2013). Perinatal antidepressant use: Understanding women's preferences and concerns. *Journal of Psychiatric Practice*, 19, 443-453.
26. **Schofield, C.A.**, Inhoff, A., & Coles, M.E. (2013). Time-course of attention biases in social phobia. *Journal of Anxiety Disorders*, 27, 661-669.
27. Coles, M.E, Hart, A.P., & **Schofield, C.A.** (2012). Initial data characterizing the progression from obsessions and compulsions to full-blown obsessive-compulsive disorder. *Cognitive Therapy and Research*, 36, 685-693.
28. **Schofield, C.A.**, Johnson, A.L., Inhoff, A.W., & Coles, M.E. (2012). Social anxiety and difficulty disengaging threat: Evidence from eye-tracking. *Cognition & Emotion*, 26, 300-311.
29. Pietrefesa, A.S., **Schofield, C.A.**, Whiteside, S.P., Sochting, I., Coles, M.E. (2010). Obsessive beliefs in youth with OCD and their mothers. *Journal of Cognitive Psychotherapy*, 24, 187-197.
30. **Schofield, C.A.**, Coles, M.E., & Gibb, B.E. (2009). Retrospective reports of behavioral inhibition and young adults' current symptoms of social anxiety, depression, and anxious arousal. *Journal of Anxiety Disorders*, 7, 884-890.
31. Uhrllass, D.J., **Schofield, C.A.**, Coles, M.E., & Gibb, B. E. (2009). Self-perceived competence and prospective changes in symptoms of depression and social anxiety in late adolescence. *Journal of Behavior Therapy and Experimental Psychiatry*, 40, 329-337.
32. Plesa Skwerer, D., Borum, L., Verbalis, A., **Schofield, C.**, Crawford, N., & Ciciolla, L. (2009). Autonomic responses to dynamic displays of facial expressions in adolescents and adults with Williams Syndrome. *Social Cognitive and Affective Neuroscience*, 4, 93-100.
33. Gibb, B.E., **Schofield, C.A.**, & Coles, M.E. (2009). History of childhood abuse and information processing biases for facial displays of emotion. *Child Maltreatment*, 14, 148-156.

34. Coles, M.E., Pietrefesa, A.P., **Schofield, C.A.**, & Cook, L.M. (2008). Predicting changes in OC symptoms over a six-month follow-up: A prospective test of cognitive models of OCD. *Cognitive Therapy and Research*, 32, 657-675.
35. Coles, M.E. & **Schofield, C.A** (2008). Assessing the development of inflated responsibility beliefs: The pathways to inflated responsibility beliefs scale (PIRBS). *Behavior Therapy*, 39, 322-335.
36. Coles, M.E., Heimberg, R.G., & **Schofield, C.A.** (2008). Interpretation of facial expressions and social anxiety: Specificity and sources of biases. *Cognition & Emotion*, 22, 1159-1173.
37. **Schofield, C.**, Coles, M., & Gibb, B. (2007). Social anxiety and interpretation biases for facial displays of emotion: Emotion detection and ratings of social cost. *Behaviour Research and Therapy*, 45, 2950-2963.
38. Tager-Flusberg, H., Plesa Skwerer, D., **Schofield, C.**, Verbalis, A., & Simons, D.J. (2007). Change detection as a tool for assessing attentional deployment in atypical populations: The case of Williams Syndrome. *Cognition, Brain, & Behavior*, 11, 491-506.
39. Coles, M. E., **Schofield, C.A.**, & Pietrefesa, A.P. (2006). Behavioral inhibition and obsessive-compulsive disorder. *Journal of Anxiety Disorders*, 20, 1118-1132.
40. Plesa Skwerer, D., Faja, S., **Schofield, C.**, Verbalis, A., & Tager-Flusberg, H. (2006). Perceiving facial and vocal expressions of emotion in individuals with Williams Syndrome. *American Journal of Mental Retardation*, 111, 15-26.
41. Plesa Skwerer, D., **Schofield, C.**, Verbalis, A., Faja, S., & Tager-Flusberg, H. (2006). Receptive prosody in adolescents and adults with Williams syndrome. *Language and Cognitive Processes*, 22, 247-271.
42. Plesa Skwerer, D., Verbalis, A., **Schofield, C.**, Faja, S., & Tager-Flusberg, H., (2005). Social-perceptual abilities in adolescents and adults with Williams syndrome. *Cognitive Neuropsychology*, 22, 1-12.

OTHER PUBLICATIONS_____

1. Stroud, C., Sheets, E., Shih, J., **Schofield, C.**, & Friedman-Wheeler (2015). Clinical psychology at liberal arts colleges SIG. *The Behavior Therapist*, 38, 135.
2. **Schofield, C.A.** (2015). Attention/Cognitive Bias Modification. In R. Cautin & S. Lilienfeld (Eds.), *Encyclopedia of Clinical Psychology*. NJ: Wiley-Blackwell.
3. Wells, T.T., **Schofield, C.A.**, Clerkin, E.M., & Sheets, E. (2013). The academic job market: Lessons from the front lines. *Behavior Therapist*, 36, 39-45.

MANUSCRIPTS UNDER REVIEW_____

***Skidmore student/alum author**

Silverman, A.L., Wernitz, A., **Schofield, C.A.**, Prinstein, M.J., Jensen-Doss, A., McKay, D., & Teachman, B.A. (under review). Randomized controlled trial evaluating the effectiveness of a direct-to-consumer marketing video about patients' right to evidence-based mental health care.

*Mann, I.M., **Schofield, C.A.**, Wilton, L. (under review). Race matters? Experimental evidence unpacking stigma and stereotypes in mental health.

INVITED TALKS

Schofield, C. (2022, June). The unified protocol as a way to improve access to evidence-based treatment of emotional disorders. Presented as continuing education hosted by the Psychological Association of Northeastern New York, remotely.

Schofield, C. (2022, April). Anxiety disorders: Measuring and addressing barriers to treatment that works. Presented at Colby College, remotely.

Schofield, C. (2021, May). Anxiety disorders: Measuring and addressing barriers to treatment. Case conference at Binghamton University, remotely.

Schofield, C. (2014, November). Social anxiety: Understanding symptom maintenance and public perceptions. Case conference at Binghamton University, Binghamton, NY.

REFEREED CONFERENCE PRESENTATIONS *Skidmore student author

*Siegel, I., Ponzini, G., & **Schofield, C.A.** (2023, November). Understanding OCD Attitudes and Knowledge: A Mixed-methods Study Investigating Mental Health Literacy About OCD and Its Treatment. In *G. Ponzini (Chair) "Amplifying Stakeholder Voices: Using Qualitative and Mixed Methods to Reduce Treatment Barriers for Anxiety and Obsessive Compulsive Disorders." Symposium to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, New York, NY.

Schofield, C.A., *Brown, S., *Siegel, I. & Moss-Racusin, C. (2022, September). Demonstrating stigma impacting women with postpartum psychological disorders: An experimental test. Presentation at the biannual meeting of the International Marce Society, Remote.

Schofield, C.A., *Brown, S., & Moss-Racusin, C. (2021, November). Demonstrating stigma impacting women with postpartum psychological disorders: An experimental test. In S. Steinman (Chair) "Predicting, preventing, and addressing perinatal mental health concerns." Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Remote.

Schofield, C.A., *Ponzini, G.T., Girard, J., Steinman, S., & Teachman, B. (2021, November). Measuring an understudied treatment barrier: Knowledge about therapy that works. In A. Silverman (Chair) "Public attitudes, beliefs, and knowledge about evidence-based treatments." Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Remote.

Schofield, C.A., *Ponzini, G.T., & Girard, J. (2019, November). An oft-overlooked barrier to treatment: Measuring stigma enacted against people with anxiety disorders. In *G. Ponzini (Chair) "Bridging the gap: Addressing barriers and improving access to evidence-based psychotherapy." Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Atlanta, GA.

- Schofield, C.A.**, *Ponzini, G.T., Becker, S.J. (2019, November). Evaluating approaches to marketing cognitive-behavioral therapy: Does evidence matter to consumers? In **C. Schofield** (Chair) "Empowering patients with direct to consumer marketing for evidence based therapies." Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Atlanta, GA.
- Schofield, C.A.** & *Ponzini, G. (2017, May). More than my disorder: Evaluating a brief video campaign targeting treatment barriers for social anxiety disorder. In A. Wernitz (Chair) "Perceptions of mental illness and its treatment: Individual differences, malleability, and national trends." Symposium presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- Schofield, C.A.** & *Ponzini, G. (2016, November). It's not me, it's you: Recognizing the need for treatment in a character versus oneself. In **C. Schofield** & A. Harrison (Chairs) "Mental health literacy: Why should we care and how do we assess it?". Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Schofield, C.A.**, *Weis, H., *Ponzini, G., & McHugh, R.K. (2016, November). Evaluating knowledge and attitudes about CBT: Can we use neuroscientific allure to help promote positive perceptions? In J. Bullis (Chair) "Direct-to-consumer marketing of psychological treatments: Consumer preferences and attitudes towards evidence-based practice". Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Weisberg, R.B., Asnaani, A., Schulson, M, **Schofield, C.A.**, Clerkin, E.M., & Beard, C. (2015, November). A pilot study of attention and interpretation modification for panic disorder. In C. Beard (Chair) "Changing minds via cognitive bias modification: Expanding to new populations and settings". Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Schofield, C.A.**, *Taylor, L., & Peneston, K. (2015, November). Increasing knowledge and decreasing stigma: An open trial intervention for adolescents. In A.L. Johnson (Chair) "Examining stigmas, help seeking attitudes, and approaches for disseminating empirically-supported treatments. Evidence across cultures". Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Schofield, C.**, Weeks, J., *Taylor, L., & *Karnedy, C. (2014, November). Validation of structured dynamic clips of an audience: Novel experimental stimuli for social anxiety research. In B. Neczypor (Chair) "You're making me anxious: Development, validation, and creative implementation of social evaluation stimuli". Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Armey, M. F., Nugent, N.R., Knopik, V.S., McGeary, J.E., **Schofield, C.A.**, Wells, T.T., Nock, M.K., Price, L.H., & Miller, I.W. (2014, November). Two novel technology-driven approaches to the assessment of suicide risk: The US-TREAT and BEST studies. In "Utilizing Technology to Advance Treatment for the Range of Direct and Indirect Self-Injurious Behaviors." Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Schofield, C.A. (2013, November). Member of panel discussion: Doors closing or windows opening?: Forging an academic career at a liberal arts college. (P. DiBartalo, chair). Panel discussion at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Schofield, C. & Moore, C.L. (2013, November). Public perceptions of anxiety disorders and treatment: Good news and bad news. In **C. Schofield** (Chair) "Does our field need better public relations?: Perceptions of psychiatric symptoms and treatment options." Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Inhoff, A.W., **Schofield, C.A.**, & Coles, M.E. (2013, November). Disengagement of attention for emotion-expressing faces. Presented at the annual meeting of Psychonomics, Toronto, CA.

Battle, C.L., Abrantes, A., **Schofield, C.A.**, Kraines, M.A. (2012, November). A pedometer-based walking intervention for antenatal depression. In H. O'Mahen (Chair) "Improving the delivery of efficacious treatments for perinatal depression." Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Beard, C., **Schofield, C.**, Marks, B., Boettcher, H., Dyck, I., Weisberg, R., & Keller, M.B. (2012, April). Mental Health Treatment Received by African Americans with Anxiety Disorders. In A. Björnsson (Chair) "Initial Reports From the Harvard/Brown Anxiety Research Project – Phase II: A Study on the Nature, Course, and Treatment of Anxiety Disorders in African American, Latino, and Caucasian Samples." Symposium presented at the annual meeting of the Anxiety Disorders Association of American, Arlington VA.

Schofield, C.A. & Weisberg, R. B. (2012, April) "Anxiety Disorders and Depression in Primary Care: Assessing Mental Health Literacy." Oral presentation presented at the annual meeting of the Anxiety Disorders Association of America, Arlington, VA.

Beard, C., Weisberg, R.B., Amir, N., **Schofield, C.A.**, Clerkin, E., Boettcher, H., & Perry, A. (2011, November). In C. Beard (Chair) "Cognitive Bias Modification: Dissemination and Expansion to New Populations." Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Schofield, C.A., Coles, M.E., & Inhoff, W.I. (2011, November). Difficulty disengaging attention in patients with social phobia: Evidence from eye-tracking. In **C. Schofield** (Chair) "Eye-tracking studies of attentional biases in social anxiety and depression." Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Coles, M.E., **Schofield, C.A.**, Hayward, L., & Coleman, S. (2010, November). Mechanisms of Change in Individualized CBT for Social Phobia. In M. Coles (Chair) "Recent Advances in the Treatment of Social Phobia." Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Beard, C., Weisberg, R.B., Perry, A., **Schofield, C.** & Amir, N. (2010, June). Feasibility and Acceptability of CBM in Primary Care Settings. In C. Beard (Chair) "Cognitive Bias Modification in Anxiety: Targeting Multiple Disorders, Biases, and Settings." Symposium presented at the World Congress of Behavioral and Cognitive Therapies, Boston, MA.

- Schofield, C.A.**, Coles, M.E., & Inhoff, A. (2009, March). Understanding attentional biases in social anxiety: Eye-tracking research. In C. Beard (chair), *Attention in Anxiety: Findings from Diverse Methodologies*. Symposium conducted at the annual meeting of the Anxiety Disorders Association of America, Albuquerque, NM.
- Coles, M.E., **Schofield, C.**, & Pietrefesa, A. (2007, July). The impact of repeated checking on memory confidence: Further Exploration. In A. Radomsky (chair), *Information processing research in anxiety disorders: New advances and future directions*. Symposium conducted at the 5th Meeting of the World Congress for Behavioral and Therapies, Barcelona, Spain.
- Coles, M. E., **Schofield, C. A.**, Pietrefesa, A. S., & Cook, L. M. (2007, November). A prospective test of cognitive vulnerability to OCD: The contributions of cognitive content and cognitive processes. In S. Woody & M. Whittal (chairs), *Experimental tests of cognitive theories of obsessions*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Coles, M.E., **Schofield, C.A.**, Pietrefesa, A.S., & Cook, L.M. (2007, November). Predicting prospective changes in obsessive compulsive symptoms: Risk and protective factors. In R. Jarrett (chair), *Risk assessment and prevention of anxiety and depression in youth and adults*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Schofield, C.**, Coles, M.E., & Gibb, B. (2007, November). Interpretation biases for emotional faces in social anxiety. In A. Ashbaugh (chair), *Understanding social anxiety and its treatment from an information processing perspective*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Schofield, C.**, Verbalis, A., Plesa Skwerer, D., Faja, S., & Tager-Flusberg, H. (2004, July). Perceptual processes in face and object recognition in Williams syndrome. Presented at National Williams Syndrome Association Conference, Grand Rapids, MI.
- Plesa Skwerer, D., Kjelgaard, M., **Schofield, C.**, Verbalis, A., Faja, S., & Tager-Flusberg, H. (2004, July). Sensitivity to lexical and affective prosody in adolescents and adults with Williams syndrome. Presented at National Williams Syndrome Association Conference, Grand Rapids, MI.

REFEREED POSTER PRESENTATIONS * Skidmore student/alum co-author

- *Michaels, K., *Alvarez, J. *Glinsky, M., *Lee, AJ, & **Schofield C.A.** (2023, March). *Experimental demonstration of stigma enacted against people with bipolar disorder: A bogus pipeline study*. Eastern Psychological Association, Boston, MA.
- *Siegel, I.E., **Schofield, C.**, & *Ponzini, G. (2021, November). *Understanding OCD attitudes and knowledge: A mixed methods study*. Association for Behavioral and Cognitive Therapies, virtual.
- *Mann, I., **Schofield, C.**, *Brown, S., & Moss-Racusin, C. (2021, November). *Postpartum psychological disorders are poorly recognized: Evidence from a vignette study*. Association for Behavioral and Cognitive Therapies, virtual.

- *Krall, H. & **Schofield, C.** (2020, November). *An experimental approach to assess attitudes towards persons who die by suicide and their loved ones*. Association for Behavioral and Cognitive Therapies, virtual.
- *Ponzini, G. & **Schofield, C.** (2018, November). Development and psychometric properties of the Skidmore Anxiety Stigma Scale (SASS). Association for Behavioral and Cognitive Therapies, Washington DC.
- *Ponzini, G., Van Kirk, N., Schreck, M., Nota, J., **Schofield, C.**, Krompinger, J., Brennan, B., Gironda, C., & Elias, J. (2018, March). *Does motivation impact OCD symptom severity? An exploration of longitudinal effects*. Anxiety and Depression Association of America, Washington DC.
- *Greene, R., *Ponzini, G., *Krall, H., Becker, S., & **Schofield, C.A.** (2018, March). *Is the term 'evidence-based' creating an barrier to empirically supported psychotherapy?* Anxiety and Depression Association of America, Washington DC.
- *Ponzini, G., *Hall, S., & **Schofield, C.A.** (2017, March). *More than my disorder: A brief video campaign targeting treatment barriers for social anxiety disorder*. Eastern Psychological Association, Boston, MA.
- *Taylor, L.E., Chung, Y., & **Schofield, C.A.** (2016, November). *Brief education program for adolescents results in increased mental health knowledge at one year follow-up*. Association for Behavioral and Cognitive Therapies, New York, NY.
- Sorgi, K., Rabasco, A., Lopez, R., Schatten, H., Miller, I., **Schofield, C.A.**, & Arney, M. (2016, November). *Suicidality and perceived self-efficacy to seek mental health care*. Association for Behavioral and Cognitive Therapies, New York, NY.
- *Abdul-Chani, M., *Ponzini, G., Gaudiano, B., & **Schofield, C.A.** (2016, November). *Evaluating the impact of etiological explanations for social anxiety disorder*. Association for Behavioral and Cognitive Therapies, New York, NY.
- *Ponzini, G., *Abdul-Chani, M., & **Schofield, C.A.** (2016, April). *It's not me, it's you: Recognizing the need for treatment in a character versus oneself*. Anxiety and Depression Association of America, Philadelphia, PA.
- *Aaron, E. & **Schofield, C.A.** (2016, April). *Evaluating mindsets and public speaking anxiety*. Anxiety and Depression Association of America, Philadelphia, PA.
- *Taylor, L., Peneston, K., *Danoff, A., *Waife, M., & **Schofield, C.** (2015, March). *Increasing mental health literacy in adolescents: Evaluation of an intervention*. Eastern Psychological Association, Philadelphia, PA.
- *Danoff, A., *Taylor, L., Peneston, K., *Waife, M., & **Schofield, C.** (2015, March). *Characterizing gender differences in adolescent stigma towards depression*. Eastern Psychological Association, Philadelphia, PA.
- *Waife, M., *Taylor, L., Peneston, K., *Danoff, A., & **Schofield, C.** (2015, March). *Evaluating an intervention to reduce stigma for mental illness*. Eastern Psychological Association, Philadelphia, PA.

- *Rifkin, L. & **Schofield, C.** (2014, November). *The development of fear beliefs through the verbal information pathway in preschool age children*. Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
- *Taylor, L., Battle, C., & **Schofield, C.** (2014, November). *Recognition of anxiety disorders and depression among pregnant women: Evaluating mental health literacy*. Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
- Ellenberg, S.R., Gaudiano, B.A., & **Schofield, C.** (2014, March). *Internet survey of expectancies in clinical trials of antidepressants versus psychotherapy*. Eastern Psychological Association. Boston, MA.
- *Lusk, J., * Taylor, L., & **Schofield, C.A.** (2014, March). *Public resource suggestions for mental illness: A study of mental health literacy*. Eastern Psychological Association. Boston, MA.
- *Taylor, L., Weeks, J., *Karnedy, C., *Lusk, J., & **Schofield, C.A.** (2014, March). *Validation of experimental stimuli for cognitive bias research*. Eastern Psychological Association. Boston, MA.
- *Rifkin, L., Gaudiano, B.A., Hall, A.M., & **Schofield, C.A.** (2013, November). *Perceptions of the etiology of depression: Relationship to depression stigma and treatment acceptability*. Association for Behavioral and Cognitive Therapies. Nashville, TN.
- *Hall, A.M., Moore, C.D., Rifkin, L., & **Schofield, C.A.** (2013, November). *Understanding the relationship between mental health literacy and self-efficacy: Evidence from the anxiety disorders*. Association for Behavioral and Cognitive Therapies. Nashville, TN.
- *Tugendrajch, S., McHugh, R.K., & **Schofield, C.A.** (2013, November). *Perceived effectiveness of treatment options for alcohol use disorders: Room for improvement*. Association for Behavioral and Cognitive Therapies. Nashville, TN.
- *Karnedy, C. & **Schofield, C.A.** (2013, March). *Understanding perceptions of avoidance as a coping response: Mental health literacy for anxiety disorders*. Eastern Psychological Association. New York, NY.
- *Rosenstein, L.K., Moore, C., & **Schofield, C.A.** (2013, March). *Self-efficacy and mental health literacy for anxiety and depression: Understanding barriers to treatment seeking*. Eastern Psychological Association. New York, NY.
- *Tugendrajch, S. & **Schofield, C.A.** (2013, March). *Personal weakness as the perceived cause of mental illness: Public perception and mental health literacy*. Eastern Psychological Association. New York, NY.
- Nota, J., **Schofield, C.A.**, & Coles, M.E. (2012, November). *Development of inflated responsibility beliefs in OCD: An investigation in a clinical sample*. Association for Behavioral and Cognitive Therapies. National Harbor, DC.
- Schofield, C.A.**, Battle, C.L., Howard, M., & Ortiz-Hernandez, S. (2012, April). *Detection of anxiety disorders in a perinatal psychiatric sample*. North American Society for Psychosocial Obstetrics and Gynecology. Providence, RI.
- Battle, C.B., Abrantes, A.M., **Schofield, C.A.**, Magee, S.R., & Kraines, M.A. (2012, April). *Pilot study of physical activity intervention for antenatal depression*. North American Society for Psychosocial Obstetrics and Gynecology. Providence, RI.

- Ortiz-Hernandez, S., **Schofield, C.A.**, & Battle, C.L. (2011, June). *Women's beliefs about pharmacological treatment for depression during pregnancy*. Eastern Psychological Association. Boston, MA.
- Schofield, C.A.**, Coles, M.E., & Inhoff, A. (2010, March). *Difficulty disengaging attention in patients with social phobia: Eye-tracking research*. Anxiety Disorders Association of America, Baltimore, MD.
- Coles, M.E., Pietrefesa, A., **Schofield, C.**, Sochting, I., & Whiteside, S. (2009, November). *Obsessive beliefs in youth with pediatric OCD and their mothers*. Association for Behavioral and Cognitive Therapies, New York, NY.
- Schofield, C.A.**, Coles, M.E., & Gibb, B.E. (2008, November). *Understanding vulnerability to internalizing disorders: The role of behavioral inhibition*. Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Schofield, C.A.** & Coles, M.E. (2007, November). *Etiology of inflated responsibility beliefs in obsessive-compulsive disorder: The 23-item Pathways to Inflated Responsibility Beliefs Scale*. Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Schofield, C.A.**, Coles, M.E., & Gibb, B.E. (2007, July). *The relationship between behavioral inhibition and symptoms of anxiety and depression: Implications for the tripartite model*. World Congress for Behavioral and Cognitive Therapies, Barcelona, Spain.
- Gibb, B.E., **Schofield, C.A.**, & Coles, M.E. (2006, November). *History of childhood abuse and interpretation biases for facial displays of emotion*. Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Schofield, C.A.**, Pietrefesa, A.P., & Coles, M.E. (2006, November). *Perceived control over stressful life events and symptoms of OCD*. Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Schofield, C.A.** & Coles, M.E. (2006, November). *Recognition of facial expressions of emotion in social anxiety*. Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Uhrlass, D.J., **Schofield, C.A.**, Coles, M.E., & Gibb, B.E. (2006, November). *Self-perceived competence in relation to symptoms of depression versus social anxiety*. Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Pietrefesa, A.S., **Schofield, C.A.**, & Coles, M.E. (2006, March). *Does parental overprotection moderate the relationship between behavioral inhibition and symptoms of OCD and social anxiety?* Anxiety Disorders Association of America, Miami, FL.
- Pietrefesa, A.S., **Schofield, C.A.**, Coles, M.E., Heimberg, R.G., Frost, R.O., & Steketee, G.S. (2005, November). *Characteristics of self-monitored not just right experiences*. Association for Behavioral and Cognitive Therapies, Washington, DC.
- Schofield, C. A.**, Pietrefesa, A.S., Heimberg, R.G., & Coles, M.E. (2005, November). *The role of facial features in conveying social threat and the relationship to social anxiety*. Association for Behavioral and Cognitive Therapies, Washington, DC.
- Schofield, C.A.**, Pietrefesa, A.S., Coles, M.E. (2005, November). *Behavioral inhibition and obsessive-compulsive and social anxiety symptoms*. Association for Behavioral and Cognitive Therapies, Washington, DC.

Pearlman-Avnion, S., Plesa Skwerer, D., Verbalis, A., **Schofield, C.**, Maloy, K., & Tager-Flusberg, H. (2004, July). *Intonation and content in sarcasm understanding by participants with Williams syndrome*. National Williams Syndrome Association Conference, Grand Rapids, MI.

Plesa -Skwerer, D., Kjelgaard, M., **Schofield, C.**, Verbalis, A., Faja, S., & Tager-Flusberg, H. (2004, July). *Sensitivity to lexical and affective prosody in adolescents and adults with Williams syndrome*. National Williams Syndrome Association Conference, Grand Rapids, MI.

Schofield, C., Verbalis, A., Plesa Skwerer, D., Faja, S., & Tager-Flusberg, H. (2004, July). *Attention to person and object changes in dynamic scenes in Williams syndrome*. National Williams Syndrome Association Conference, Grand Rapids, MI.

Verbalis, A., **Schofield, C.**, Plesa Skwerer, D., & Tager-Flusberg, H. (2004, July). *Physiological and behavioral responses to dynamic expressions of emotion in Williams syndrome*. National Williams Syndrome Association Conference, Grand Rapids, MI.

OTHER PRESENTATIONS

Schofield, C., Coles, M., & Inhoff, A. (2009). Understanding attentional biases in social anxiety: Eye-tracking research. Presented to clinical psychology graduate students and faculty at research case conference of Binghamton University, Binghamton, NY.

Schofield, C. & Uhrlass, D. (2008). Facing the bully together: Group treatment of child anxiety. Presented to clinical psychology graduate students and faculty at clinical case conference of Binghamton University, Binghamton, NY.

Schofield, C. (2007). To manualize or not to manualize? It's more than an empirical question. Presented to clinical psychology graduate students and faculty at clinical case conference of Binghamton University, Binghamton, NY.

Schofield, C., & Pietrefesa, A.P. (2006). Does parental overprotection moderate the relationship between behavioral inhibition and symptoms of OCD and social anxiety? Presented to clinical psychology graduate students and faculty at clinical case conference of Binghamton University, Binghamton, NY.

TEACHING AT SKIDMORE COLLEGE

SP100 – Human Dilemmas (F17, F19)

SP100 – Lunacy in London (F22)

PS101 - Introduction to Psychological Science (F12, F13, S20)

PS102 - Colloquium in Psychological Science (S14)

PS202 - Statistics and Methods I (S14, S15, S17, S18, S19, F21, S23)

PS251 - Contemporary Issues in Clinical Psychology (F14, F15)

PS251 - Stigma of Psychological Disorders (F19)

PS251 - Understanding the Opiate Crisis (S20, F20, S21)

PS251 - Journeys in Clinical Practice (S21, S22)

PS275 - Exploratory Research in Psychology (S13, F14, S15, F15, S16, F16, S17, F17, S17, F18, S19, F19, S20, S21, F21, S22, F22, S23)

PS214 - Psychological Disorders (F12, S13, F13, S15, F15, F17, S18, F18, S19, F21)

PS312B - Treating Anxiety: Science and Practice (F18, F19, F20, S21, S22)

PS317 - Psychological Testing (S13, F14, S23)

PS329 - Clinical Psychology Field Experience (F15, S16, S17, F17, S18)

PS375/376 - Senior Research Project (F12/S13, F13/S14, F14/S15, F15/S16, F17/S18, F19/S20, F20/S21, F21/S22)

OTHER TEACHING EXPERIENCE

Instructor Positions

Introduction to Psychopathology, *Brown University Summer College Experience, 2012*

Introduction to Psychology, *Providence College Department of Psychology, F10, S11*

Research Methods Laboratory, *Binghamton University, F07*

Behavior Disorders, *Binghamton University, Summer 2006*

Teaching Assistantships

Critical Thinking About Human Behavior, *Brown University Summer College Experience, 2011*

Research Methods, *Binghamton University F07*

Personality Psychology, *Binghamton University S05*

Behavior Disorders, *Binghamton University F04*

SERVICE TO SKIDMORE

London First Year Experience Program, *Fall 2022*

Faculty Executive Committee, *Fall 2018 – Spring 2022*

Chair, Summer 2020-Spring 2021

Title IX Advisory Committee, *Summer 2020*

Academic Affairs Advisory Group, *Summer 2020*

Institutional Policy and Planning Committee, *Summer 2020 – Spring 2021*

MDOCS Advisory Board, *Fall 2018 – Spring 2020*

Summer Advising, *Summer 2016, Summer 2019*

Psi Chi Faculty Mentor, *Fall 2017- Spring 2018*

Philosophy Department Search Committee, *Fall 2017-Spring 2018*

Psychology Department Search Committee, *Fall 2012, Fall 2013, Fall 2014, Fall 2015, Fall 2019, Spring 2022 (VAP search)*

Psychology Department Search Committee Chair, *Fall 2019*

Participant Review Board, Chair, *Fall 2013-Fall 2015*

New Faculty Learning Community, *Summer 2013 - Fall 2015*

Institutional Review Board, *Spring 2013 - Fall 2015*

Participant Review Board, Member, *Fall 2012 - Spring 2013*

PROFESSIONAL SERVICE

Psychologists of Northeastern New York (PANNY), organization secretary, *2023*

Eastern Psychological Association poster competition judge, *2013, 2014*

Eastern Psychological Association Clinical Program Chair, *2021, 2022, 2023*

Association for Behavioral and Cognitive Therapy program committee, *2013, 2014, 2015, 2017*

Anxiety and Depression Association of America Public Education Committee, *2012, 2013*

American Psychological Association Division 12 (Clinical Psychology) conference submission reviewer, *2011, 2012, 2013*

Organized a workshop for research assistants in the Psychosocial Research program about Applying to Graduate School Programs in Psychology, *2010, 2011*

Conducted didactic seminar on Stress Management to teachers in the Barrington School District,
Rhode Island, 2010

Conducted didactic presentations on the nature and treatment of anxiety disorders:

Rhode Island Hospital health workers on a psychiatric inpatient unit, *Providence, RI*

Board of Cooperative Educational Services Prevention Conference, *Syracuse, NY*

Finger Lakes Parent Network, *Elmira, NY*

Broome/Tioga Counselors Association, *Oneonta, NY*

Vestal Central School District in-service counselor training, *Vestal, NY*

Binghamton University Health Services in-service training for nurses, *Binghamton, NY*

Consulting Editor, *Journal of Psychopathology and Clinical Science*, 2023

Ad Hoc Reviewer:

American Journal of College Health

Anxiety, Stress, and Coping

Archives of Women's Mental Health

Behaviour Research and Therapy

Biological Psychology

BMC Psychiatry

Clinical Psychology Review

Clinical Psychology Science and Practice

Cognition & Emotion

Cognitive Behaviour Therapy

Depression and Anxiety

European Psychiatry

International Journal of Environmental Research and Public Health

Journal of Behavior Therapy and Experimental Psychiatry

Journal of Abnormal Psychology

Journal of Affective Disorders

Journal of Anxiety Disorders

Journal of Clinical Psychology

Journal of Depression and Anxiety

Journal of Experimental Psychopathology

Journal of Immigrant and Minority Health

Journal of Nervous and Mental Disease

Journal of Public Mental Health

Journal of Social and Clinical Psychology

Professional Psychology: Research and Practice

Psychiatry Research

Stigma & Health

CLINICAL EXPERIENCE

Private Practice (maintain 1 – 4 patient load)

4 Franklin Square, Saratoga Springs NY

April 2023 – Present

Study Clinician, NIMH (R34 MH073625), *Brown University and Butler Hospital*

Principal Investigator: Ivan Miller, Ph.D.

July 2010 – August 2012

Project Title: *Development of an Intervention for Suicide Attempters*

Study Clinician, NIMH (R34 MH083065-01), *Brown University and Butler Hospital*

Principal Investigator: Cynthia L. Battle, Ph.D.

July 2010 – August 2012

Project Title: *Development of a Home-Based Family Treatment for Postpartum Depression*

Study Clinician, NIMH (R34 MH083065-01), *Brown University and Butler Hospital*

Principal Investigator: Jennifer Johnson, Ph.D.

May 2011 – August 2012

Project Title: *Group IPT for Major Depression Following Perinatal Loss*

Clinical Psychology Predoctoral Internship, *Brown University*

July 2009 – June 2010

Rotation I Supervisor: Jeffrey Wincze, Ph.D.

Inpatient psychiatry at Mood Disorders Program at Rhode Island Hospital

Completed October 31, 2009

Rotation II Supervisor: Jayne Kurkjian, Ph.D.

Substance Abuse Treatment Program at Providence Veterans Hospital

Completed February 28, 2010

Rotation III Supervisor: Alan Sirota, Ph.D.

Consultation & Liason Services at Providence Veterans Hospital

Completed June 30, 2010

Graduate Clinician, *Binghamton Anxiety Clinic*

Spring 2004 – Spring 2009

Supervisor: Meredith E. Coles, Ph.D.

Neuropsychology Trainee, *Psychological Clinic at Binghamton University*

August 2008 – June 2009

Supervisor: Peter J. Donovan, Ph.D.

Clinical Psychology Trainee, *Psychological Clinic at Binghamton University*

August 2005 – August 2008

Supervisors: Stephen Lisman, Ph.D., Denise Morita, Ph.D., Alice Friedman, Ph.D.

Psychology Intern, *Children's Home of Wyoming Conference*

Fall 2005 – Summer 2006

Supervisor: Nurhan Findikyan, Ph.D.

Graduate Assistant, *Institute for Child Development*

June 2005-August 2005

Supervisor: Stephanie Lockshin, Ph.D.

PROFESSIONAL MEMBERSHIPS

Association for Behavioral and Cognitive Therapy (ABCT)

Eastern Psychological Association (EPA)

Psychologist Association of Northeastern New York (PANNY)

Society for the Science of Clinical Psychology (SSCP)