

THE SKIDMORE STUDENT ECO-RATING QUIZ

Energy Use

CIRCLE YOUR ANSWERS

- ___ 1. Do you have a car? Yes No
- ___ 2. On an average, how many miles a week do you drive?
 0-25 25 - 50 50 - 100 Over 100
- ___ 3. What is the gas mileage of your car?
 Don't know Less than 10 10-17 18-25 26-32 Greater than 32
- ___ 4. Do you ever car pool? Yes No
- ___ 5. Do you ever take the bus?
 Yes No Don't like talking to the bus driver Afraid I might see someone I know
- ___ 6. How many hours a day is your computer on?
 Zero (don't have one) 1-4 5-9 10-14 15-24
- ___ 7. How many hours a day is your TV on?
 Zero (don't have one) 1-4 5-9 10-14 15-24
- ___ 8. How many hours a day is your stereo on?
 Zero (don't have one) 1-4 5-9 10-14 15-24
- ___ 9a. Do you turn your lights off when you leave the room? Yes No
- ___ 9b. When you leave the shower/bathroom? Yes No
- ___ 10. How many loads of laundry do you do each week? 0-1 2 3 4 or more
- ___ 11. Which cycle uses the least amount of energy?
 Permanent press Delicates Bright colors Whites and colors
- ___ 12. Which uses more energy, a five minute shower or 12 hours of computer use? Shower Computer
- ___ 13. What source(s) of energy does Skidmore use for heating?
 Hydroelectric Biomass Nuclear Steam Coal
 Natural gas Fuel oil Solar Wind Geothermal

Garbage

- ___ 14. Do you recycle:
 Always, even if it's out of my way Usually, if it's convenient Not usually Never
- ___ 15. Is a yogurt cup labeled #2 recyclable at Skidmore? Yes No In Saratoga County? Yes No

- ___ 16. Is a green glass bottle recyclable at Skidmore? Yes No In Saratoga County? Yes No
- ___ 17. Are pizza boxes recyclable at Skidmore? Yes No In Saratoga County? Yes No
- ___ 18. How about batteries? At Skidmore? Yes No In Saratoga County? Yes No
- ___ 19. How much trash do you create in one week?
- Less than one garbage can One or two cans full More than two cans

Water Use

- ___ 20. Do you leave the water running while brushing your teeth or washing your face? Yes No
- ___ 21. How long are your daily showers? (If you take two showers per day, add the times. If you shower every other day, divide the number in half.)
- 5 minutes or less 5-10 minutes 10-15 minutes More than 15 minutes
- ___ 22. Do you know where your drinking water comes from?
- | | | | | |
|------------------------|------------------|---------------------|-----------------|---------------|
| The faucet | Hudson River | Sacandaga Reservoir | Loughberry Lake | Saratoga Lake |
| Geyser Crest Wellfield | Bog Meadow Brook | Pacific Ocean | Owens Valley | |
- ___ 23. How much water does it take to produce one pound of beef?
- 100 gallons 500 gallons 1000 gallons more than 1000 gallons
- ___ 24. What is the biggest use of water at Skidmore?
- Drinking Faucets Laundry Toilets Showers Cooking Swimming
- ___ 25. What is the biggest use of water in the US?
- | | | | | | | |
|---------------|---------|-------------|------------------------|---------|---------|----------|
| Drinking | Faucets | Laundry | Toilets | Showers | Cooking | Swimming |
| Manufacturing | Farming | Car washing | Lawns and golf courses | | | |

Food

- ___ 26. Are you: Vegan Vegetarian Don't eat meat often Gotta have meat!
- ___ 27. When you need a cup of coffee, do you
- Use your reusable mug Use a styrofoam or paper cup Skip it altogether

Misc.

- ___ 28. Circle the activities you do during a typical weekend.
- Homework/library Drive to Boston or other city Go to the mall
- Go camping/skiing/mt. biking Go for a hike in North Woods
- ___ 29. Can you compost on campus? Yes No What's compost?

___ **Total, page 2**

___ **Total Score** Eco-Score = 0 - 75 "Tree Hugger!" 76 - 125 take some ES courses 126 - 200 typical American