

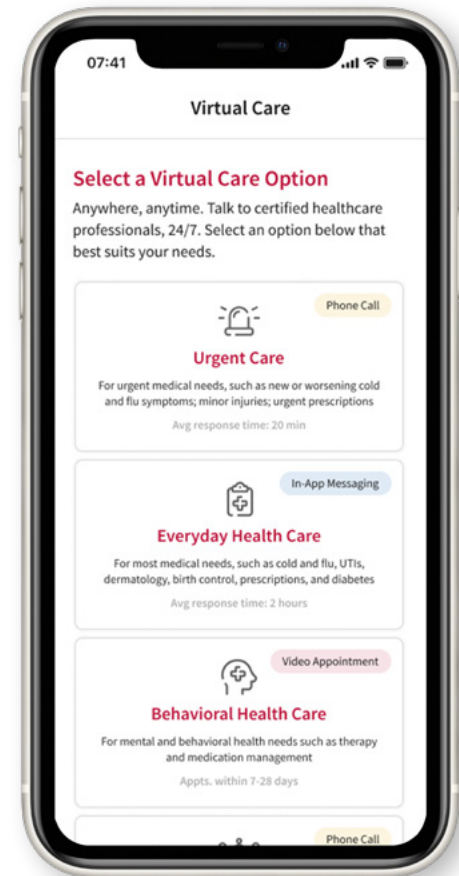
# Get Access to Care Your Way, With Gia<sup>®</sup>

## A guide to your health.

- **\$0 virtual care services for most MVP members**
- **Urgent Care.** Avoid waiting rooms and find out if you need more advanced care or get urgent prescriptions and medical advice for minor injuries via a phone call
- **Everyday Health Care.** Send in-app messages for support and treatment of most medical needs, including preventive care, the cold or flu, or conditions like diabetes, asthma, and anxiety
- **Behavioral Health Care.** Find treatment to help manage conditions like anxiety, depression, substance and alcohol use disorder, and more. Schedule a video appointment for behavioral health or psychiatry visits, no referrals needed
- **Pediatric & Adolescent Care.** Schedule a call for members age 0–17 years old who may be experiencing ear pain, strep throat symptoms, pink eye symptoms, and more

## Gia is a guide to your health plan, too!

- **View and share your MVP Member ID cards** with doctors and family
- **Find medical, dental, and pharmacy claims** for members of your plan
- **See progress toward deductibles and limits** for any member of your plan
- **Search for an in-person doctor or facility** that participates with your plan
- **Get an overview of your coverage**, including medical, dental, vision, and pharmacy plans
- **Pay your premiums in-app** and setup autopay to never miss a payment\*



## Ready to get started?

Visit [mvphealthcare.com/usingGia](https://mvphealthcare.com/usingGia) to learn more about when to use Gia. See other side for more details on how to get started.

\*Available for all members except those enrolled in an employer-sponsored health plan.

# Get Started with Gia

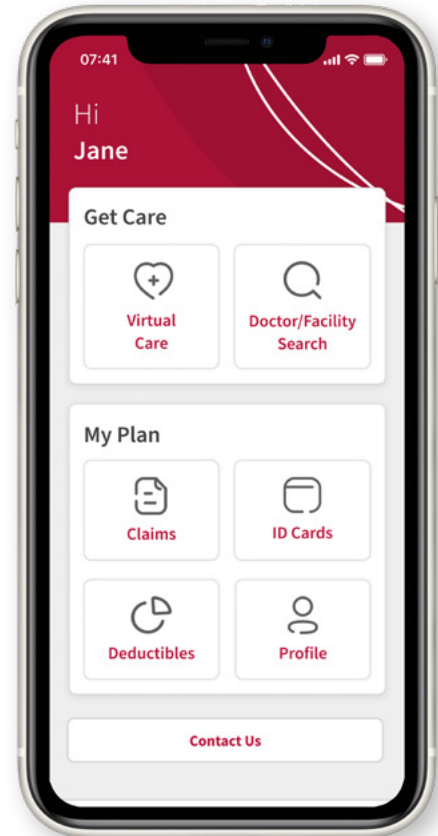
Gia is your guide to your health and your health plan. Access Gia online or in the app!

Register for Gia at [my.mvphealthcare.com](https://my.mvphealthcare.com) or download the *Gia by MVP* mobile app to get started. Keep your ID card handy when you set up your account.



To download the *Gia by MVP* mobile app, visit [GoAskGia.com](https://GoAskGia.com), scan the code below using the camera on your mobile device, or get the app from the App Store® or Google Play™.

MVP virtual care services can only be accessed through the *Gia by MVP* mobile app. These services are available at no cost-share for most members. In-person visits and referrals are subject to the cost-share, per plan details.



Therapy visits available for patients 12 years and older and medication management for patients 18+.

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