

Access Your Health Plan, Your Way

Gia® is your guide to your health and your MVP Health Care® plan, both online and in the mobile app. Gia puts important plan information and access to care at your fingertips.

Register for Gia online at **my.mvphealthcare.com** or download the *Gia by MVP* mobile app to get started. Follow the instructions online or in the app to set up your account. You will need your MVP Member ID card and a valid email address. Once you are registered, you can:

Check a claims status or history

Tap *Claims* to find this in the app.

View your Digital ID Card

Tap *ID Cards* to view and share these from the app.

See progress toward deductibles or out-of-pocket maximums, if applicable

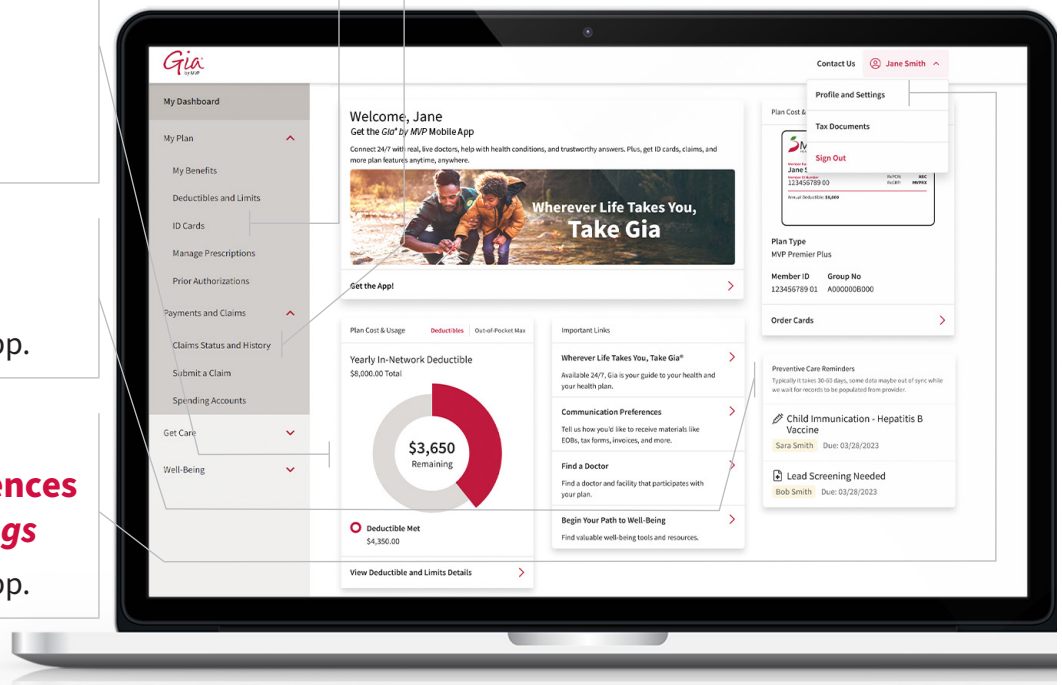
Tap *Deductibles and Limits* to find this in the app.

Get preventive care reminders

Tap *Menu* to find this in the app.

Set or change communication preferences under *Profile and Settings*

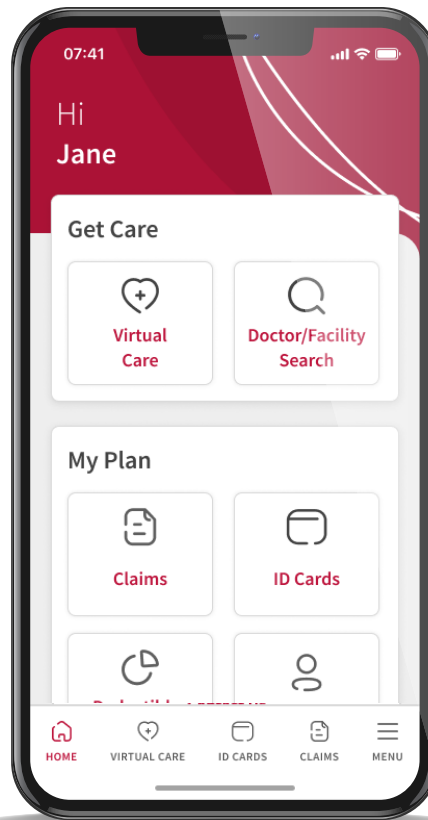
Tap *Menu* to find this in the app.



Use the *Gia by MVP* mobile app to manage your plan, plus access \$0 virtual care 24/7! Use the app to:

- Message a doctor for virtual primary and specialty care
- Connect to urgent and emergency care in minutes
- Easily connect with a behavioral health provider
- Request a new medication or refill, lab tests, screenings, and more

Learn more about when to use Gia for virtual care at mvphealthcare.com/UsingGia.



To download the *Gia by MVP* mobile app, visit **GoAskGia.com**, scan the code below using the camera on your mobile device, or visit the App Store® or Google Play™.



Need Help?

Visit mvphealthcare.com/site-help or call the MVP Customer Care Center at the phone number listed on the back of your MVP Member ID card.

MVP virtual care services through Gia are available at no cost-share for most members. In-person visits and referrals are subject to cost-share per plan.

Health benefit plans are issued or administered by MVP Health Plan, Inc.; MVP Health Insurance Company; MVP Select Care, Inc.; and MVP Health Services Corp., operating subsidiaries of MVP Health Care, Inc. Not all plans available in all states and counties.