Getting the Right Care

MVP® HEALTH CARE

Choosing a Primary Care Physician (PCP) is one of the most important decisions you can make about your health care. Your PCP is your partner in health. He or she will work with you to manage all of your health care needs and should be your first choice for your medical care.

Primary Care Physician

Go to your **PCP** for regular care, chronic conditions, vaccines, and checkups, and most urgent care during office hours. Examples include:

- Cough
- Digestive disorders
- Earache/ear infection
- Headache
- Sinus infection
- Sore throat
- Minor injuries
- Urinary tract infection
- Sore joints

When your PCP's Office is Closed...

An **Urgent Care Center** can provide care for less serious illnesses. Examples include:

- Cuts that need stitches
- Possible broken bones
- Sprains
- Painful conditions

Go to the **Emergency Room** for serious or life-threatening illnesses and acute care, including, but not limited to:

- Chest pain or shortness of breath
- Serious injuries
- Bleeding you can't stop
- Head injuries

$ What it Might Cost

For the following diagnoses for MVP members: Acute Upper Respiratory Infection, Fever, Headache, or Urinary Tract Infection.

Average Composite Rates:

Hospital Emergency Room	$1,149.79
Hospital Owned Urgent Care	$227.90
Urgent Care	$173.28
Doctor's Office	$119.87

The rates listed above represent an average of all rates in MVP's service area and do not represent any specific region or county within MVP's service area or any single MVP participating provider's contracted rate.

MVP Treatment Cost Calculator

MVP Health Care® members, can compare cost estimates of various health care services from providers nearby—with the MVP Treatment Cost Calculator at **mvphealthcare.com**.

! Go directly to the nearest emergency facility or call 911 if you feel that your condition is a life-threatening emergency and are in a situation where you can't call your doctor first.

The above information is not intended to discourage or prevent you from seeking emergency medical assistance if you have an emergency.

IF YOU, OR A MEMBER OF YOUR FAMILY HAVE AN EMERGENCY THAT REQUIRES IMMEDIATE MEDICAL CARE, YOU SHOULD GO TO THE NEAREST HOSPITAL EMERGENCY ROOM, OR CALL YOUR LOCAL EMERGENCY NUMBER FOR MEDICAL ASSISTANCE.