

LIVING THE LIBERAL ARTS

What Can I Do With a Major
In Health and Human
Physiological Sciences?

SKIDMORE

CAREER
DEVELOPMENT
CENTER

Where Do Health and Human Physiological Sciences Majors Work & Study?

Now – Within 6 Months of Graduation

athenahealth
Growth Analytics &
Operations Associate

Brooklyn International High School
Education and Outreach
Coordinator

Children's Pulmonary Specialists
Clinical Assistant

Colorado State University
Ph.D. Health and Exercise
Science

Columbia University
MS Nutritional Science

Community Works West
Marketing & Special Projects
Coordinator

Emory University
Ph.D. Physical Therapy

Epic
Implementation Services

Glens Falls Hospital
Patient Care Associate

Hallmark Health Systems
Rehabilitation Aide

Hobart and William Smith Colleges
Assistant Director of
Admissions

Loughborough University
MS Exercise Physiology

Massachusetts General Hospital
Clinical Research Coordinator

Massachusetts Health Quality Partners
Project Coordinator

Memorial Sloan Kettering Cancer Center
Session Assistant

Northeastern University
MS Applied Behavior

NYU Langone Medical Center
Clinical Trials Assistant

Partner's Healthcare
Research Assistant

Rosalind Franklin University
DPM Podiatric Medicine

Sacred Heart University
Ph.D. Physical Therapy

SUNY Downstate College of Medicine
MD Medicine

Tufts Medical Center
Clinical Care Technician

University of Pennsylvania
MSN Nurse Practitioner
Pediatric Acute Care

University of Rhode Island
MA Kinesiology

University of Utah
Ph.D. Physiology/Biology

University of Vermont College of Nursing and Health Sciences
Research Assistant

Upstate Distilling Company
Distiller

Weill Cornell Medical College
Clinical Research Coordinator

Wellspring
Prevention Educator/Victim
Advocate

If You Like These Outcomes, Consider These Career Communities:

Social Impact & Education

Clinical & Biomedical Sciences

Later – Up to 25 Years After Graduation

Albany Medical College
MS Physician Assistant

California University of Pennsylvania
MS Exercise Science

Canandaigua Orthopedic Associates
Physician Assistant

Columbia University Medical Center
MS Program Assistant

Columbia University
MPH Health Policy and Management

Columbia University
MS Occupational Therapy

Dominican University of California
MS Physician Assistant Studies

Glens Falls Hospital
Physical Therapist

Goldman, Sachs & Company
Vice President, Executive Director, APAC Head of Wellness

Habitat for Humanity
Grants Coordinator

Harvard Vanguard Medical Associates
Nurse Practitioner/Internal Medicine

Holy Redeemer Hospital
Exercise Physiologist, Strength & Conditioning

Huntsman Cancer Institute
Clinical Nurse

Johnson & Johnson
Account Executive for Cataract Surgical

Kings College
MS Physician Assistant

Kings County Hospital
Dentist

Learning Spring School
Pediatric Occupational Therapist

Medical Advantage Group
Senior Consultant

Memorial Sloan-Kettering Cancer Center
Physician Assistant

New Jersey Nutrition
Nutritionist & Registered Dietician

Plytech Stair Systems
Carpenter

SCIO Health Analytics
Director of Account Management

Seqirus, Inc., Head
Clinical Operations, Site Management and Monitoring

Stony Brook University
DPT Physical Therapy

Stony Brook University
MS Physician Assistant

Sturdy Memorial Hospital
Physician Assistant

(Orthopedics)

The Chiropractic Wellness Connection
Chiropractor

The Johns Hopkins University School of Medicine
Ph.D. Human/Medical Genetics

The Johns Hopkins University School of Medicine
Post-Doc, Ludwig Cancer Center

The University of Texas, Austin
Ph.D. Exercise Physiology

New York University
BS, Nursing

United States Air Force
Registered Nurse

University at Albany
Ph.D. Clinical Psychology

University of Michigan
MHI Health Information

University of Texas Southwestern Medical Center and Institute of Exercise and Environmental Medicine, Texas Health Presbyterian, Dallas
Post-Doctoral Fellow, Cerebrovascular Laboratory

Yale University
MPH Public Health

Internships Completed by Health and Human Physiological Sciences Majors:

Adirondack Thunder Hockey
American Red Cross
Anti-Defamation League
Athletic Evolution
Bellevue Hospital
Capital Women's Care

George Washington University Hospital
New York Methodist Hospital
OrthoNY, LLP
University of California Davis
Wellspring
Wesley Outpatient Therapies

In Their Own Words:

Nothing can prepare health and exercise sciences students for life after college more than interactions with your professors. Skidmore faculty members are truly dedicated to their students and their research. Skidmore is not necessarily unique in the courses that it offers in health and exercise sciences, but the faculty you encounter during those courses cannot be found anywhere else. Get to know them.

Beyond that, students owe it to themselves to take advantage of every opportunity. Whether it's representing the department on Academic Council, a Student Government subcommittee, participating in a research project, tutoring for a course, or taking an internship, the best way to ensure that you gain everything you can from the department is to get involved. The work is hard, but embrace it and you'll be miles ahead of peers from other institutions.

Jacob Deblois, 2010

When I was at Skidmore, I wish I knew that footwear design was what I wanted to do! I would have taken advantage of more of the art and design classes. Also, I would have done my senior thesis on something more in line with sports equipment design or biomechanical studies. I would have done anything to get a jump on developing the acumen needed to weave the two areas of science and art together.

That said, my Exercise Science degree is very much related to my profession. Biomechanics and kinesiology are everyday elements of my job. I use a combination of those influences, and what I learned at Skidmore, to inspire and create the products I work on. Since graduating, I have become more interested in industrial design. Not many people in my field have grad degrees. Some do, but they are the minority. A lot of this industry is like an apprenticeship. There is no real schooling for this industry.

Andrea Paulson, 2003