

# HEALTH SERVICES AT A GLANCE

PHONE: 518-580-5550

## HOURS & LOCATION

MONDAYS—FRIDAYS: 9AM—12PM & 1—4:30PM  
SUNDAYS: 12-5PM Walk-ins Only  
JONSSON TOWER 1ST FLOOR  
—SKID ID card is necessary to enter building.

## AFTER HOURS CARE

A nurse practitioner is always on call after hours & can be accessed by calling Campus Safety at 518-580-5567.

## WEBSITE

Find valuable information regarding our services & self-care at [www.skidmore.edu/health-services](http://www.skidmore.edu/health-services).

## IMMUNIZATION & TB RECORDS ON PORTAL

Students can access the portal & print immunization & TB records for classes, Early Childhood Center, jobs, volunteer positions, camp, etc. at <https://skidmore.studenthealthportal.com>.

## WALK-IN VISITS

Nurses & nurse practitioners are available to see students on a walk-in basis for the following:

- *Acute illness & injury*
- *General medical problems*
- *Immunizations*
- *Lab work ordered by an outside provider*

Health Services staff can provide treatment to Skidmore employees for:

- *Minor injuries which occur at work & requires first aid only*
- *Blood pressure checks*
- *Hepatitis B vaccinations*

If immediate medical treatment is required, seek treatment at Urgent Care/Wilton Medical Arts or Saratoga Hospital ER. For all other health concerns, employees should seek care from their primary care provider or community facility.

## APPOINTMENTS

- *Birth control counseling* • *Chronic illness*
- *Physicals* • *Gynecological exam/problems*
- *STD/HIV testing & counseling*

## SERVICES PROVIDED

We confidentially see students for a variety of reasons & provide care similar to what is obtained from a primary care provider.

## CHARGES/INSURANCE

We DO NOT charge for visits to HS or bill health insurance. There are nominal fees associated with some medications & lab testing. Health insurance is utilized when a student is seen by an outside provider (Urgent Care, ER, specialist, lab, PT, etc.).

## MEDICATIONS INCLUDING BIRTH CONTROL & PLAN B

We are not a pharmacy however, we do offer a variety of over-the-counter & prescription medications that may be dispensed during a visit.

Providers at Health Services have the ability to write prescriptions, including birth control.

Plan B is over-the-counter and may be purchased during a visit, at a local pharmacy or at Planned Parenthood.

No medications are handed out at the front desk or are dispensed to anyone other than the student being evaluated.

## LAB TESTS

HS performs in-office testing for strep, mono, urinary tract infections, and pregnancy.

The office can draw blood/collect specimens ordered by a HS or outside provider and includes STD & HIV testing.

## VERIFICATION OF MEDICAL ILLNESS POLICY

HS does not provide documentation of visits or excuses for missed classes.