

Cycle 4

May 2 - May 8, 2020

EMILY'S

	<u>SATURDAY</u> <u>2-May</u>	<u>SUNDAY</u> <u>3-May</u>	<u>MONDAY</u> <u>4-May</u>	<u>TUESDAY</u> <u>5-May</u>	<u>WEDNESDAY</u> <u>6-May</u>	<u>THURSDAY</u> <u>7-May</u>	<u>FRIDAY</u> <u>8-May</u>
	Grab & Go Salads	Grab & Go Salads	Grab & Go Salads	Grab & Go Salads	Grab & Go Salads	Grab & Go Salads	Grab & Go Salads
	Caesar Caesar Chicken Grilled Veggie Tossed	Caesar Caesar Chicken Tossed Garden	Caprese Salad Caprese chicken salad Garden Salad	Strawberry, Cuke, Mandarin over Spring Mix With or w/o Grilled Chicken	Cobb Salad /Grilled Chicken Cobb Salad -Vegan (no Egg) Garden Salad	Tabbouleh Salad Spinach, Bacon, Hard-Boiled Egg with Grape Tomatoes	Tabbouleh Salad Chefs Salad Garden Salad
	Hummus & Toasted Pita Chips Yogurt	Hummus & Toasted Pita Chips Yogurt	Hummus & Toasted Pita Chips Yogurt	Hummus & Toasted Pita Chips Yogurt	Hummus & Toasted Pita Chips Yogurt	Hummus & Toasted Pita Chips Yogurt	Hummus & Toasted Pita Chips Yogurt
THE DINER							
Breakfast Served							
8 AM - 11AM	Egg Sandwiches to Order	Egg Sandwiches to Order	Egg Sandwiches to Order	Egg Sandwiches to Order	Egg Sandwiches to Order	Egg Sandwiches to Order	Egg Sandwiches to Order
Lunch							
11 AM-4PM	Hot Dogs and Burgers on The Grill Veggie Burgers Fries	Plain or Chicken Quesadillas Black Bean Vegan Quesadilla Sour Cream/Pico de Gallo	Beef or Vegan Style Gyro Peppers and Onions Lettuce/Tomato/Tzatziki Sauce	Beef Sliders with Onions and Mushrooms Grilled Portobello Sandwich with Lettuce, Tomato, Onion	Turkey Melts with Chipotle Mayo and Muenster Cheese Vegan Grilled Cheese option	Philly Cheese Steaks Peppers and Onions Vegan Cheese Steaks Queso Bravo	Chicken Fingers Vegan Crispy Chicken Nuggets Fries
Dinner							
4PM - 8PM	Super Fried Chicken Vegan Chicken Fajita Fries	Turkey Burgers with Pepperjack Cheese Veggie Burgers	Crispy Chicken Sandwich Vegan Crispy Chicken Cutlet Sandwich	Grilled Chicken Sandwich with Fresh Mozz and Tomato, Basil Mayo Veggie Burger Option	Carolina BBQ Chicken Sandwich Carolina BBQ Tofu option Creamy Slaw, LTO	Pesto-Chicken Flatbreads with Tomato and Artichoke Pesto-Chicken Free option	Fish Fry-Fresh Haddock Hand Cut Fries Lemon, Tartar, Cocktail
	Fries	Fries	Fries	Fries	Fries	Fries	Fries
Deli							
11 AM-4PM							
Closed for Dinner							
Pizza							
11:30 AM-7PM							
Global							
Lunch Entrée							
11AM-4PM	Penne A la Vodka with Grilled Chicken Penne with Grilled Veggies and Herb Roasted Tofu	Tandoori Chicken Naan-wich Curry Mayo, LTO Curry Roasted Cauliflower Curry Roasted Tofu Pita Sando	Stir Fry Noodle Bar Beef, Hillah Chicken Tofu Japchae	Crispy Tempura Chicken Fried Rice Bar Veggie Stir-Fry Crispy Orange Tofu	Pork Carnitas Tacos with Cilantro Slaw, Pintos, Pico De Gallo and Queso Bravo Jackfruit Taco-Vegan option	Pasta live action bar Fresh Tomato, Garlic and White Wine Linguini Vegan Bolognese (soy Crumble)	Mac n Cheese Bar Buffalo Chicken Bites (wok) Buffalo Tofu Bites (wok) Pasta Station
Dinner Entrees							
4PM-8PM	Swedish Meatballs Egg Noodles, Creamy Swedish Gravy and Herbed Carrots Vegan Swedish Meatballs	Garlic-Herb Roasted Chicken Thighs, Hillah Lemon-Garlic Broccoli Tofu Stir-Fry with Vegetables and Sweet Thai Chili Sauce Steamed Rice	Pan seared haddock, lemon Butter Sauce, Baked Sweet Potato Fresh Grilled Asparagus Vegan Ratatouille Stew	Sauteed Lemon Chicken Breast Stuffed Rigatoni toss with Sauteed Spinach, Garlic and Tomato Squash Medley Vegan Lemon Chicken-Free Cutlet Chef's Choice	Baked Meat lasagna Vegan Lasagna with Soy "Meat" sauce Garlic Bread and Basil-Buttered Carrots Chef's Choice	Blackened Chicken or Catfish Corn Bread, Braised Southern Greens Stewed Okra and Tomatoes, Smashed Yams Blackened Tofu Chef's Choice	Cheese Stuffed Rigatoni Bar Eggplant Roulade with Ricotta Vegan Pasta Chef's Choice
Soups	Chef's Choice		Chef's Choice				