



Online Appointment Sign up Instructions.

- 1.) Your Employer will send you a link that is specific to your clinic (dates, time, services offered)
- 2.) Click the link and it will take you to Adirondack Health & Wellness page, select the drop-down arrow under SELECT SERVICE
- 3.) Choose which service you are receiving (FLU, COVID, Biometric Screening, etc.)
- 4.) This will take you to the date clinic is offered, which will appear in white. (Grey dates are unavailable)
- 5.) Next select your preferred appointment time (which will appear in white, grey are slots unavailable)
- 6.) Fill out Name, Contact#, Email, DOB, Health Insurance Company, Insurance Member ID# & Group#. Select option to have appointment reminder sent and then finalize appointment.
- 7.) Appointment is confirmed. You can print your appointment details from this screen.
- 8.) Please plan to arrive at the appointment a few minutes early with a copy of your insurance card. There is a short form that is required prior to services rendered.

*******MUST HAVE A COPY OF INSURANCE CARD TO GIVE TO NURSES*******

WE DO NOT ACCEPT: Tricare, Affinity, Humana, Emblem or United Healthcare (non-school plan) insurance currently. If you have one of these insurances, the flu shots will be a charge of \$40.00 (regular/PF) and \$80.00 (Over 65+). We accept cash, Venmo, checks (Payable to Adirondack Health & Wellness) and all major credit cards. Payment is due at the time of service.

COVID vaccines if we do not take your insurance are \$190 out of pocket.

Thank you.

We do accept United coverage that is provided through the school.

Please feel free to contact us if you have any questions or issues with scheduling your appointment or if you need to cancel or reschedule. 518-886-8251

**100 Saratoga Village Blvd, Suite 9
Malta, NY 12020
518-886-8251**