

LOOKING FOR SOMETHING TO DO?

SPRING SEMESTER RECREATION CLASSES

Check out any number of activity classes from an organized walk in Northwoods to a Pickleball class! Our coaches are here to help you stay active!

Join us in the Sports Center
for the following options:

- PICKLEBALL
- TRAIL HIKE IN NORTHWOODS
- HIGH INTENSITY INTERVAL TRAINING
- FUNCTIONAL STRETCHING



Scan the QR code with your
smart phone for days & times!
You must sign up in advance!