

ATHLETIC TEAMS - FALL 2023 PRACTICE SCHEDULE (Tentative as of 5-24-23)

	Monday	Tuesday	Wednesday	Thursday	Friday
Baseball (M)	4:00-6:00 pm	OFF	4:00-6:00 pm	OFF	3:00-5:00 pm
Basketball (M)	4:30-6:30 pm	4:30-6:30pm	4:30-6:30 pm	4:30-6:30 pm	4:30-6:30 pm
Basketball (W)	4:30-6:30 pm	4:30-6:30pm	4:30-6:30 pm	4:30-6:30 pm	4:30-6:30 pm
Crew (M & W) – Fall & Spring	4:00-7:00 pm	4:00-7:00pm	4:00-7:00 pm	4:00-7:00 pm	4:00-7:00 pm
Field Hockey (W) **Practice times shift as available daylight diminishes	3:00-6:00 pm	3:00-6:00pm	3:00-6:00 pm	3:00-6:00 pm	3:00-6:00 pm
Golf (M) – Fall & Spring	3:00-6:00 pm	3:00-6:00pm	3:00-6:00 pm	3:00-6:00 pm	Depart for tournaments in the morning
Ice Hockey (M)	7:00–8:30am	4:00-6:30pm	4:00-6:30 pm	4:00-6:30 pm	4:00-6:30 pm
Lacrosse (M) Flexible during the fall semester based upon facility availability		8:00-10:00pm		8:00-10:00 pm	
Lacrosse (W) Flexible during the fall semester based upon facility availability	8:00-10:00pm		8:00-10:00pm		
Riding (W) Flexible in the fall semester					
Soccer (W)	6:00-8:00 pm	4:00-6:00pm	6:00-8:00 pm	4:00-6:00 pm	3:00-5:00 pm
Soccer (M)	4:00-6:00 pm	6:00-8:00pm	4:00-6:00 pm	6:00-8:00 pm	3:00-5:00 pm
Softball (W) Flexible in the fall semester					
Swimming & Diving (M & W) Start Sept 30th *optional morning practices if academic conflict.	4:30-6:30 pm	5:00-7:00pm	4:30-6:30 pm	5:00-7:00 pm	4:00-6:30 pm
Tennis (M)	4:00-8:00 pm	4:00-8:00pm	4:00-8:00 pm	4:00-8:00 pm	4:00-8:00 pm
Tennis (W)	4:00-8:00 pm	4:00-8:00pm	4:00-8:00 pm	4:00-8:00 pm	4:00-8:00 pm
Volleyball (W)	4:00-7:00 pm	4:00-7:00pm	4:00-7:00 pm	4:00-7:00 pm	Depart for games at 1:00