

ATHLETIC TEAMS - FALL 2025 PRACTICE SCHEDULE

(Tentative as of 5-15-25)

	Monday	Tuesday	Wednesday	Thursday	Friday
Baseball (M)	4:00-6:00 pm	OFF	4:00-6:00 pm	OFF	3:00-5:00 pm
Basketball (M)	5:00-8:00 pm	5:00-8:00pm	5:00-8:00 pm	5:00-8:00 pm	5:00-8:00 pm
Basketball (W)	4:00-7:00 pm	4:00-7:00pm	4:00-7:00 pm	4:00-7:00 pm	4:00-7:00 pm
Crew (M & W) – Fall & Spring	4:00-7:00 pm	4:00-7:00pm	4:00-7:00 pm	4:00-7:00 pm	4:00-7:00 pm
Field Hockey (W) **Practice times shift as available daylight diminishes	3:00-6:00 pm	3:00-6:00pm	3:00-6:00 pm	3:00-6:00 pm	3:00-6:00 pm
Golf (M) – Fall & Spring	3:00-6:00 pm	3:00-6:00pm	3:00-6:00 pm	3:00-6:00 pm	Depart for tournaments in the morning
Ice Hockey (M)	7:00–8:30am	4:00-6:30pm	4:00-6:30 pm	4:00-6:30 pm	4:00-6:30 pm
Lacrosse (M)	After 5:00 pm	After5:00 pm	After 5:00 pm	After 5:00 pm	After 5:00 pm
Lacrosse (W)	After 5:30 pm	7:00-9:00am	After 7:30 pm	7:00-9:00am	
Riding (W) Flexible in the fall semester					
Soccer (W)	4:30-6:30 pm	5:00-6:30pm	4:30-6:30 pm	5:00-6:30 pm	4:00-5:30 pm
Soccer (M)	3:00-4:30 pm	3:30-5:00pm	3:00-4:30 pm	3:30-5:00 pm	2:30-4:00 pm
Softball (W) Flexible in the fall semester					
Swimming & Diving (M & W) Start Sept 22nd *optional morning practices if academic conflict.	4:30-6:30 pm	5:00-7:00pm	4:30-6:30 pm	5:00-7:00 pm	4:00-6:30 pm
Tennis (M)	Off	6:00-8:00pm	4:00-6:00 pm	6:00-8:00 pm	After 3:30 pm
Tennis (W)	Off	6:00-8:00pm	4:00-6:00 pm	6:00-8:00 pm	After 3:30 pm
Volleyball (W)	4:00-6:00 pm	4:00-6:00pm	4:00-6:00 pm	4:00-6:00 pm	Depart for games at 1:00