

## ATHLETIC TEAMS - FALL 2026 PRACTICE SCHEDULE (Tentative as of 5-1-26)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Baseball (M)</b>	4:00-6:00 pm	OFF	4:00-6:00 pm	OFF	3:00-5:00 pm
<b>Basketball (M)</b>	5:00-8:00 pm	5:00-8:00pm	5:00-8:00 pm	5:00-8:00 pm	2:00-5:00 pm
<b>Basketball (W)</b>	4:00-7:00 pm	4:00-7:00pm	4:00-7:00 pm	4:00-7:00 pm	4:00-7:00 pm
<b>Rowing/Crew (M &amp; W) – Fall</b>	4:00-7:00 pm	4:00-7:00pm	4:00-7:00 pm	4:00-7:00 pm	4:00-7:00 pm
<b>Field Hockey (W)</b> **Practice times shift as available daylight diminishes	3:00-6:00 pm	3:00-6:00pm	3:00-6:00 pm	3:00-6:00 pm	3:00-6:00 pm
<b>Golf (M) – Fall &amp; Spring</b>	3:00-6:00 pm	3:00-6:00pm	3:00-6:00 pm	3:00-6:00 pm	Depart for tournaments in the morning
<b>Ice Hockey (M)</b>	7:00–8:30am	3:00-5:00pm	3:00-5:00 pm	3:00-5:00 pm	3:00-5:00 pm
<b>Lacrosse (M)</b>	7:45–9:00 am After 5:00 pm	After 5:00 pm	After 5:00 pm	After 5:00 pm	After 5:00 pm
<b>Lacrosse (W)</b>		7:00-9:00am		7:00-9:00am	Individuals around academics
<b>Riding (W)</b> Flexible in the fall semester					
<b>Soccer (W)</b>	5:00-6:30 pm	4:30-6:30pm	5:00-6:30 pm	4:30-6:30 pm	4:00-5:30 pm
<b>Soccer (M)</b>	3:00-5:00 pm	3:00-4:30pm	3:00-5:00 pm	3:00-4:30 pm	2:30-4:00 pm
<b>Softball (W)</b> Flexible during the week in the fall semester; exception of Fri.					3:00-5:00 pm
<b>Swimming &amp; Diving (M &amp; W)</b> Start Sept 21st *optional morning practices if academic conflict.	4:30-6:30 pm	5:00-7:00pm	4:30-6:30 pm	5:00-7:00 pm	4:00-6:30 pm
<b>Tennis (M)</b>	Off	5:00-9:00pm	5:00-9:00 pm	5:00-9:00 pm	2:00– 6:00 pm
<b>Tennis (W)</b>	Off	5:00-9:00pm	5:00-9:00 pm	5:00-9:00 pm	2:00-6:00 pm
<b>Volleyball (W)</b>	4:00-6:00 pm	4:00-6:00pm	4:00-6:00 pm	4:00-6:00 pm	Depart for games at 1:00