

SEE-Beyond AWARDS—Resources for Health and Exercise Students Summer Educational Experiences – Learning Beyond Campus

APPLICATION PROCESS

Award Competition: SEE-Beyond Awards invite students to explore new techniques, technologies, or modes of inquiry or expression; to apply their academic-year learning to real-world challenges; and to clarify the interrelationship between their educational and post-baccalaureate goals. The Health and Exercise Sciences Department encourages students presently in their sophomore, junior or senior year of study at Skidmore College to apply for this unique opportunity. One student will be selected within each department to be eligible for the college wide application pool of candidates for a SEE-Beyond Award.

Awardees will receive a **\$4,000** stipend for a significant summer experience of 6 –10 weeks. Experiences of shorter duration will be considered with proper justification. Funds may be used at the student's discretion to cover participation fees or tuition, travel expenses, and summer room and board. SEE-Beyond Awards may be used to access opportunities anywhere in the world, except in countries with State Department travel warnings or advisories. SEE-Beyond Awards may not be used to fund job shadowing opportunities or work experience of little academic value or summer student-faculty research at Skidmore. Students receiving a SEE-Beyond Award agree to reflect on learning outcomes by way of a final written report.

Awards may be used to support:

- field or laboratory research in an area of the student's choice, with the permission of the host institution and research sponsor;
- internships with clearly defined learning goals that complement the student's academic plan;
- artistic residencies, workshops, apprenticeships, or productions.

Examples may include but are not limited to:

- Health and Exercise Sciences: Research – human, animal, tissue, basic and/or applied
- Health and Exercise Sciences: Internships – hospitals, government agencies, academia, industry
- Health and Exercise Sciences, Nutrition and Public Health: Policy – government, industry, academia
- Public Health: Research – epidemiological, behavioral, clinical, community-based, genetics, observational, disease-prevention, public health
- Nutritional Sciences: Research – human, animal, tissue, basic and/or applied
- Health and Exercise Sciences, Public Health, Nutrition Writing: Magazines, trade journals, newspapers, web blogs, newsletters, television

This list is not exhaustive nor is it meant to be prescriptive. The [SEE-Beyond web page](#) provides past award examples as well as additional resources in some departments and programs.

Additionally, we have included resources below, but please note that other experiences not listed, that *puts your classroom learning into practice or that deepens your knowledge or understanding of the discipline may be supported*. We ask that you think meaningfully and creatively about the type of experience that you pursue. The award will be granted on a case-by-case basis, so as to include all kinds of study related to the discipline.

Consider the following list and think of opportunities that foster experiential learning:

- What experience would allow you to learn a new laboratory technique beyond what we are capable of performing at Skidmore?
- Consider opportunities that will allow you to integrate your coursework in health and exercise sciences, nutritional sciences and public health here at Skidmore with work outside of Skidmore to benefit the population at large
- How can the work you do benefit and impact the Skidmore community?
- Are there experiences you may consider that allow for civic engagement?

The health and exercise sciences (including nutrition and public health) field is in a state of dynamic evolution and thrives on creativity... **Creative Thought Matters**

Eligibility: Students must be enrolled full-time and be in good academic, social, and financial standing with the College. International students should check with Student Academic Services before applying to identify any requirements they need to meet to qualify for this award. *These awards cannot be combined with other funded experiential learning opportunities at Skidmore.*

Application Process: Complete applications must be submitted to the appropriate Department Chairperson or Program Director by the [deadline](#) posted on the SEE-Beyond page. **UNDER NO CIRCUMSTANCES WILL LATE PROPOSALS BE ACCEPTED!**

Please submit:

1. Complete **Application Form** (posted on SEE-Beyond page:

<http://www.skidmore.edu/see-beyond/index.php>).

2. **Application Essay-** Attach a brief essay (2-3 pages; typed) describing the relevance of the experience to your educational goals. Describe your preparation for the experience and how the experience will enhance your liberal arts education. You must also provide a specific description of the activities and responsibilities associated with the experience. This application process is competitive, and your essay will be judged on the quality and clarity of the writing. No vague or poorly written proposals will be accepted.

3. **Supervisor's Statement:** An on-site supervisor or sponsor must confirm your acceptance into the program, organization, or institution and indicate his or her support for the learning goals you describe.

Selection Criteria:

1. Quality of the Application Essay
2. Substance and rigor of the experience
3. Consistency of the experience with the student's academic goals and degree of preparation
4. Departmental review of your application materials and a majority vote selection.
5. Special consideration will be given to proposals that emphasize innovative and creative ways to incorporate health and exercise sciences with the other health professions.

SEE-Beyond Resources for Health and Exercise Sciences Students:

Please note, internet links may change overtime—if hyperlinks below do not work, try searching keywords, such as “internships,” “summer,” or “research,” with the following organizations.

American College of Sports Medicine	www.acsm.org
American Physiological Society	http://the-aps.org/
Obesity Society	http://www.obesity.org/
American Physical Therapy Association	http://www.apta.org/
National Federation of Professional Trainers	http://www.nfpt.com/
American Alliance for Health, Physical Education Recreation and Dance	http://www.aahperd.org/
National Institute of Health	http://nih.gov/
United States Department of Agriculture	http://www.usda.gov/fundinglapse.htm
American Public Health Association	http://apha.org/
Health care internship opportunities:	
Health care internships	http://takecarejobs.com/ http://www.nhacare.com/
Strength and Conditioning opportunities:	
Exercise Jobs	http://www.exercisejobs.com/