

Dana Marie Lau, Psy.D.

58 Henry Street
Saratoga Springs, NY 12866
(410) 456-7859
Danalau08@gmail.com

EDUCATION:

September 2010	Loyola University in Maryland Baltimore, Maryland Doctor of Psychology, Clinical Psychology
May 2005	Loyola College in Maryland Baltimore, Maryland Master of Science, Clinical Psychology
May 1999	Loyola College in Maryland Baltimore, Maryland Bachelor of Arts in Psychology, Minor in Special Education

LICENSES IN CLINICAL PSYCHOLOGY:

Granted October 2013	New Jersey State License: 35S100514700
Granted July 2018	New York State License: 022722

TEACHING EXPERIENCE:

August 2018- Present	The College of St. Rose Albany, New York Title: Adjunct Professor Course: Introduction to Psychotherapy
January 2019- Present	Skidmore College Saratoga Springs, New York Title: Lecturer Course: Dialectical Behavior Therapy

PROFESSIONAL EXPERIENCE:

January 2014- Present	Licensed Clinical Psychologist/Private Practice
-----------------------	--

Responsibilities

- Lead patients in individual therapy, particularly the Young Adult (YA) population.
- Develop comprehensive treatment plans that focused on accurate diagnosis and behavioral treatment of problems.
- Utilize DBT and mindfulness based strategies to help alleviate symptoms.

November 2016- JUNE 2018 **CARNEGIE MELLON UNIVERSITY COUNSELING SERVICES**
Pittsburgh, Pennsylvania
Title: Clinical Staff Therapist

Responsibilities:

- Conduct intake interviews, and individual and group psychotherapy.
- Lead a DBT Skills Group for undergraduate students.

August 2013-AUGUST 2016 **PRINCETON UNIVERSITY COUNSELING & PSYCHOLOGICAL SERVICES**
Princeton, New Jersey
Title: Clinical Staff Psychologist/ Urgent Care Coordinator

Responsibilities:

- Conducted intake interviews, urgent care/crisis management, and individual and group psychotherapy.
- Coordinated all crisis management cases and supervise the Crisis Intervention Team
- Supervised a post-doctoral fellow on a weekly basis.
- Member of the Princeton University Counseling and Psychological Services (CPS) Management Team.
- Member of Alcohol and Drug Treatment Team and Student Athlete Team
- Facilitated AOD (Alcohol and Other Drugs) group; as well as Graduate Student Therapy Group.

November 2010- August 2013 **Princeton House Behavioral Health**
Princeton, New Jersey
Title: Primary Therapist/Post Doctoral Fellow

Outpatient Behavioral Health Supervisors: Nancy Bloom, Psy.D.
Jonathan Krejci, Ph.D.

Responsibilities:

- Lead an intensive outpatient group for individuals presenting with mental health symptoms, as well as individuals presenting with co-occurring mental health and substance abuse diagnoses.
- Lead coping skills groups that teach Dialectical Behavioral Therapy Skills to patient's attending the Intensive Outpatient Program.
- Coordinate the development and implementation of the multidisciplinary treatment plan, and review with the patient on a consistent basis.
- Coordinate utilization reviews with the utilization management reviewer.
- Assisted in the development of *The Wellness Curriculum*. A curriculum which utilizes Dialectical Behavioral Therapy, Cognitive Behavioral Therapy, and Relapse Prevention Skills to assist in the patient's mental health recovery. .
- Supervise Psychology Externs.

June 2009-June 2010

Jersey Shore University Medical Center

Neptune, New Jersey

Title: Psychology Intern

Outpatient Behavioral Health Supervisors: Angelica Diaz-Martinez, Psy.D.

Lisa Sussman, Psy.D.

Ninette Tuerk, LCSW, LCADC

Responsibilities:

- Maintained 10 active individual therapy cases per week.
- Co-led a Pain Management Group once a week.
- Co-led an intensive outpatient group for individuals with substance abuse dependencies.
- Administered, scored, and interpreted a general battery of psychological tests, as well as wrote psychological reports in response to a referral question.

Consultation Liaison Supervisor: Adriana Fitzsimmons, M.D.

Responsibilities:

- Conducted bedside psychosocial assessments with children and adults who were admitted to the hospital for a general medical condition and were experiencing comorbid mental health symptoms.
- Consulted with a team of psychiatrists and medical doctors in order to determine appropriate care.

Neuropsychology Assessment Supervisor: Jacqueline Rondeau, Psy.D.

Responsibilities:

- Conducted bedside evaluations of neuropsychological function and psychological adjustment on an inpatient rehabilitation unit with adults presenting with stroke, traumatic brain injuries, toxic/metabolic or anoxic encephalopathy, normal pressure hydrocephalus, Parkinson's disease, and/or dementia.
- Provided psychotherapeutic intervention to patients experiencing psychological adjustment issues related to their medical circumstance.
- Conducted research examining associations of executive functioning measures utilized on an acute inpatient rehabilitation unit.

August 2008-June 2009

Lifebridge Health Brain and Spine Institute, Sinai Hospital

Baltimore, Maryland

Title: Psychology Extern

Supervisors: Julie O'Reilly, Psy.D.

Cynthia Smith, Ph.D.

Responsibilities:

- Conducted neuropsychological assessments with children afflicted with cancer and other neurological disorders, as well as adults presenting with traumatic brain injuries, epilepsy, stroke, normal pressure hydrocephalus, chronic pain, and dementia.
- Completed the accompanying psychological reports for patients referred to the neuropsychological division of the Brain and Spine Institute.
- Participated in research projects focusing on normal pressure hydrocephalus including a systematic literature review, validation of a neuropsychological computer test to be used in underserved and rural areas, and test development for assessment of normal hydrocephalus.
- Attended didactic trainings specifically addressing neuroscience,

neuropsychology, psychology professional issues, and neuroanatomy.

September 2007-June 2008

Spring Grove State Hospital Center

Baltimore, Maryland

Title: Psychology Extern

Supervisors: Kevin Budney, Psy.D.

Steven Kellogg, Psy. D.

Responsibilities:

- Provided long-term individual and group psychotherapy with adult psychiatric inpatients.
- Completed brief psychodiagnostic assessments with adult psychiatric inpatients referred by the court systems.
- Collaborated with physicians, social workers, nurses, and occupational therapists to ensure safe and efficient services.
- Attended didactic trainings such as grand rounds, monthly lecture series, diversity seminars, and a process group with fellow externs.

August 2006-August 2007

The Loyola Clinical Centers

Baltimore, Maryland

Title: Psychology Extern

Supervisors: Mary Jo Coiro, Ph.D.

Angelita Yu-Crowley, Ph.D.

John Ackerman, Ph.D.

Elizabeth MacDougall, Ph.D.

Matthew Specht, Ph.D.

Responsibilities:

- Administered objective psychological tests to children and adults, and wrote the accompanying psychological reports.
- Mediated feedback sessions with the client and the client's family in which treatment recommendations for the therapeutic and psychoeducational needs of the clients were addressed.
- Provided long-term outpatient psychotherapy with adults.

June 2004-September 2004

Johns Hopkins Bayview Medical Center

Baltimore, Maryland

Title: Psychology Extern

Supervisors: Florence Hackerman, M.A., LCPC

James Fauebach, Ph.D.

Josef Passley, Ph.D.

Responsibilities:

- Shadowed clinical therapists, psychiatrists and psychiatry interns in discussing evaluation procedures and treatment plans for patients in an outpatient setting.
- Administered the Mini Mental Status Exam, as well as conducted Clinical Interviews.
- Observed and individually administered projective and objective psychological tests on children and adults, and wrote the accompanying psychological reports.
- Provided group therapy to children suffering from emotional and/or behavioral disabilities by using play therapy, goals groups, and anger management techniques.

January 1999-May 1999

Sheppard Pratt Health System: Inpatient Child Behavioral Health Unit

Baltimore, Maryland

Title: Psychology Extern

Responsibilities:

- Observed group therapy that involved techniques and strategies addressing patients' immediate needs.
- Observed and conducted behavior management strategies in order to ensure adequate structure and maintenance of the inpatient program.

ADDITIONAL WORK EXPERIENCE:

August 2010- July 2014

Jersey Shore University Medical Center, Crisis Unit

Neptune, New Jersey

Title: Clinical Therapist II

Supervisor: Patricia Carey, MSN

Responsibilities:

- Conduct clinical interviews with adults and children who present to the emergency department with mental health symptoms (i.e., suicidal ideations, hallucinations, or behavioral problems).

September 2006-June 2009

Alliance Case Management

Aberdeen, Maryland

Title: Co-Leader of a Dual Diagnosis Mental Health Group

Supervisor: Stacy Fair, M.S., P.A.

Responsibilities:

- Provided weekly group therapy for clients living in transitional housing and homeless individuals suffering from bipolar, depression, anxiety as well as substance related disorders.
- Facilitated group cohesion with support of a co-leader.

August 2007- February 2008

Neurobehavioral Associates

Columbia, Maryland

Title: Psychometrist

Supervisors: Vincent Culotta, Ph.D., ABPN

Kirk Griffith, Ph.D., MBA

Sarah Weden, Psy.D.

Responsibilities:

- Administered and scored a variety of psychological, educational, neurological, and projective measures to children and adolescents.

September 2005-September 2006 **Harford Memorial Hospital/Behavioral Health Unit**

Havre de Grace, Maryland

Title: Full-Time Mental Health Therapist

Supervisor: Linda Horn, RN, M.S.

Responsibilities:

- Provided individual and group psychotherapy to adult inpatients afflicted with bipolar, schizophrenia, schizoaffective disorder, depression, anxiety, personality, and substance related disorders, as well as facilitated information to their families via phone calls and/or family therapy sessions.
- Collaborated with physicians, nurses, outpatient resources, and administrators to ensure safe and efficient services.
- Performed and documented psychosocial assessments as needed.
- Co-led outpatient mental health groups, addressing the symptoms of depression and anxiety, as well as educating the population regarding the disorders.

September 2001-September 2005 **Villa Maria School**

Baltimore, Maryland

Title: Psychoeducator

Supervisor: Stuart Poltilov, M.S.

Responsibilities:

- Educated children classified with emotional, behavioral and educational disabilities through empirically supported educational and behavior management techniques.
- Participated in treatment teams with the students' families as well as psychiatrists in order to assess and monitor students' progress and treatment goals.
- Organized and created an Individualized Education Plan for each student containing educational and behavioral goals for the school year.

August 1999-June 2000

Baltimore City Public School System

Baltimore, Maryland

Title: Regular Education Teacher

Responsibilities:

- Provided instruction through integration of the Voluntary State Maryland Curriculum.
- Assisted students in reading, writing and math components of the school curriculum to help prepare for the Maryland School Performance Assessment Program (MSPAP).
- Facilitated meetings with school personnel and family members to address the needs of the particular student.

ASSISTANTSHIPS:

August 2007- June 2008

Graduate Assistant

Loyola Clinical Center

Baltimore, Maryland

Supervisor: Mary Jo Coiro, Ph.D.

Responsibilities:

- Conducted phone intakes and screened for child and adult psychoeducational assessment cases.
- Administered, scored, and interpreted a psychological battery and completed the psychoeducational report.
- Provided individual therapy to adults.
- Entered clinical data in SPSS for a current research study being conducted at the Loyola outpatient clinic.

January 2008-May 2008

Teaching Assistant

Loyola College

Baltimore, Maryland

Course: Principles and Practices of Psychotherapy

Supervisor: Jeffrey Strain, Ph.D.

Responsibilities:

- Facilitated a lab for a graduate course that focused on principles and practices of psychotherapy.
- Received supervision for my role in the classroom.

January 2007-May 2007

Graduate Supervisor

Loyola College

Baltimore, Maryland

Course: Principles and Practices in Psychotherapy

Supervisor: Jeffrey Strain, Ph.D.

Responsibilities:

- Assisted master level students in the Principles and Practices of Psychotherapy.
- Conducted labs in which students were able to practice clinical skills and gain feedback from classmates.
- Received supervision for my role in the classroom.

RESEARCH EXPERIENCE:

September 2006- July 2010

Primary Investigator: Doctoral Dissertation

Loyola College

Baltimore, Maryland

Dissertation Chair: Heather Lyons, Ph.D.

Title: *A Test of the Health Belief Model: The ability of barriers, benefits, susceptibility, and severity perceptions to predict parental adherence to pediatric assessment recommendations.*

Dissertation defended, July 2010.

September 2009-June 2010

Primary Investigator: Research Project

Jersey Shore University Medical Center

Neptune, New Jersey

Research Project Supervisor: Jacqueline Rondeau, Psy.D.

Title: Associations of Executive Functioning Measures: Frontal Assessment Battery (FAB) and the CLOX: An Executive Functioning Task.

September 2008-June 2009

Research Assistant

Lifebridge Health Brain and Spine Institute, Sinai Hospital

Baltimore, Maryland

- Assisted with the systematic literature review of neuropsychological assessment of normal pressure hydrocephalus

PUBLICATIONS:

Lau, D., Lyons, H., Culotta, V., Griffith, K., Coiro, M., Papadakis, A., & Weden, S. (2010)

[Abstract published in *Archives of Clinical Neuropsychology*, 25, 517-518] A Test of the Health Belief Model: The ability of barriers, benefits, susceptibility, and severity perceptions to predict parental adherence to pediatric assessment recommendations..

Based upon poster presented at the 30th Annual Meeting of the National Academy of Neuropsychology, Vancouver, BC.

PRESENTATIONS:

Lau, D. *Interpersonal Psychotherapy: A Clinical Approach in Group Psychotherapy*. Presented to Staff and Psychology Interns at Princeton University. Princeton, New Jersey. February, 2014.

Lau, D. *Interpersonal Psychotherapy: A Clinical Approach in Group Psychotherapy*. Presented to Staff and Psychology Interns at Princeton House Behavioral Health. Princeton, New Jersey. January, 2013.

Lau, D., Lyons, H., Culotta, V., Griffith, K., Coiro, M., Papadakis, A., & Weden, S. (2010, October). A Test of the Health Belief Model: The ability of barriers, benefits, susceptibility, and severity perceptions to predict parental adherence to pediatric assessment recommendations. Poster accepted for presentation at the

annual meeting of the National Academy of Neuropsychology, Vancouver BC.

Diaz-Martinez, A. & **Lau, D.** *The case of multiple differential diagnoses.* Department of Psychiatry Educational Rounds. Jersey Shore University Medical Center, 2009.

Alsop, M. E., **Lau, D.**, & Lovelady, C. G. *Overview of the cycle of domestic violence.* Presented to clients of The Caroline Center, a domestic violence shelter. Baltimore, Maryland. April, 2007.

LEADERSHIP AND ORGANIZATIONAL EXPERIENCE:

Elected Positions:

August 2008- May 2009	Membership Chair, Maryland Psychological Association (Student Affiliate)
-----------------------	--

Appointed Positions:

September 2007- May 2008	Peer Mentor, Maryland Psychological Association (Student Affiliate)
--------------------------	---

HONORS AND AWARDS:

2009	<i>New Jersey Psychological Association Foundation Award:</i> The Dr. Zellig Bach Award for the Study of the Family.
2008-2009	Clinical Training Scholarship, Loyola College in Maryland
1998-1999	Deans List, Loyola College in Maryland

PROFESSIONAL MEMBERSHIPS:

American Psychological Association, Member Affiliate
New Jersey Psychological Association, Member Affiliate
Association for Applied Sports Psychology
Division 49 of the American Psychological Association: Group Psychotherapy

ORGANIZATIONAL ACTIVITIES:

1995- 1999	Loyola College Varsity Swimming-Loyola College in Maryland • Member of the Student Athletic Advisory Committee and Student Athlete Mentor Program, voted by my peers, which addressed student athletes' needs and provided support to those balancing athletics and education. • Captain for Loyola College Swimming and Diving Team, junior and senior year.
------------	---

