

RACHEL MANN-ROSAN, PH.D.

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Skidmore College
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EDUCATION

1999-2000	APA Approved Pre-Doctoral Psychology Internship , Devereux Whitlock Center, Berwyn, PA
May 2002	Ph.D. Clinical Psychology , The Catholic University of America, Washington, DC Dissertation: <i>Reasons for living vs. reasons for dying: The development of suicidal typologies for predicting treatment outcomes</i> Chairperson: David A. Jobes, Ph.D.
February 1998	M.A. Clinical Psychology , The Catholic University of America, Washington, DC Thesis: <i>Reasons for living versus reasons for dying: Examining the internal debate of suicide.</i> Chairperson: David A. Jobes, Ph.D.
May 1994	B.A. Psychology with a concentration in Fine Arts, Skidmore College, Saratoga Springs, NY Conferred Cum Laude with college and departmental honors

WORK & CLINICAL EXPERIENCE

ACADEMIC POSITIONS

August 2008 – Present	Senior Teaching Professor. Skidmore College, Department of Psychology, Saratoga Springs, NY.
January – May 2008	Adjunct Professor. Skidmore college, Department of Psychology, Saratoga Springs, NY.

CLINICAL & RESEARCH POSITIONS

December 2015 - Present	Board Member. New York State Board for Licensure & Discipline, Albany, NY
September 2008 – Present	Consulting Psychologist. Saratoga Bridges, Ballston Spa, NY
March 2009 – May 2011	Private Practice. Rachel Mann-Rosan, Ph.D., PLLC, Saratoga Springs, NY

September 2012 **Contributor.** Centers for Disease Control & Alzheimer Association Healthy Brain Initiative Road Map

December 2005 – **Member, Vice Chair.** New York State Board for Psychology, Albany, NY
November 2015

February 2003 – **Supervising Psychologist.** Saratoga Bridges, Ballston Spa, NY
August 2008

May 2001 – **Research Scientist II/Behavioral Consultant.** Jervis Clinic, NYS Institute for Basic
April 2002 Research in Developmental Disabilities, Staten Island, NY

September 1999 – **APA Approved Pre-Doctoral Psychology Internship.** Devereux, The Whitlock
August 2000 Center, Berwyn, PA

September 1998 – **Student Practicum.** Devereux, The Whitlock Center, Berwyn, PA
August 1999

August 1997 – **Clinical Externship.** George Washington University, University Counseling Center,
May 1998 Washington, DC

September 1996 – **Practicum in Individual Psychotherapy.** Catholic University of America, University
May 1997 Counseling Center, Washington, DC

July 1994 – **Research Assistant/Data Manager.** Columbia Presbyterian Hospital/NY State
May 1995 Psychiatric Institute, New York, NY

TEACHING & SUPERVISION EXPERIENCE

August 2008 – **Senior Teaching Professor. Skidmore College, Department of Psychology,**
Present **Saratoga Springs, NY.** Teach an average of 3 courses per semester to undergraduates in the Psychology Department.

Courses Taught:

- (PS 101) - Introduction to Psychological Science
- (PS 207) - Introduction to Child Development
- (PS 212A) - Clinical Applications of Psychopharmacology
- (PS 214) - Psychological Disorders
- (PS 234) - Developmental Disabilities & Autism
- (PS 251) - Controversial Issues in Clinical Psychology
- (PS 312B) - Applied Behavior Analysis
- (PS 315) - Clinical Psychology
- (PS 329) - Clinical Psychology Field Experience
- (PS 351) - What's Next After Graduation
- (PS 351) - Ethics and Law in Clinical Practice
- (PS 371) - Independent Study in Psychology
- (PS 378) - Senior Seminar
- (PS 375/376) - Senior Research Project I & II

Theses Supervised:	2021-2022: Kaleigh Howard – <i>Sexuality and Disability: A Group Sexual Education Program Aimed at Parents of Adult Individuals with Intellectual and Developmental Disabilities</i>
	2015-2016: Daphne Preti – <i>Snoezelen™: Examining a multisensory approach to improving cognitive performance and stress</i>
	2011-2012: Katherine Mascitelli – <i>The effects of a multi-sensory stimulation room on students' concentration</i>
Supervision of Professional Internships:	<p>Assisted in developing a department sponsored internship program with accompanying group seminar. Cultivated site positions at Saratoga Bridges Day Program and Saratoga Bridges Family Support Program.</p> <p>Fall 2018-Present: Clinical Psychology Field Experience Faculty Supervisor for 8-10 students placed at Four Winds Psychiatric Hospital, Saratoga Bridges Adult Day Services and Family Care Programs, The Charlton School, and Prospect Center. Conducted 1 hour per week seminar with all students on various topics e.g., confidentiality, appropriate boundaries, and site specific clinical issues.</p> <p>Fall 2023: Faculty Sponsor for 1 student at Camp Good Mourning!</p> <p>Summer 2022: Faculty Sponsor for 1 student at ASD Travel Camp</p> <p>Spring 2021: Faculty Sponsor for 1 student Camp Ramapo</p> <p>Summer 2020: Faculty Sponsor for 1 student at UpCancer and Sing Me a Story</p> <p>Fall 2017: Faculty Sponsor for 2 students at AIM Services, Inc. and at Harvard Medical School, Lurie Center for Autism</p> <p>Fall 2016: Clinical Psychology Field Experience Faculty Supervisor for 8 students placed at Four Winds Psychiatric Hospital, Saratoga Bridges Adult Day Services and Family Care Programs, and Prospect Center. Conducted 1 hour per week seminar with all students on various topics e.g., confidentiality, appropriate boundaries, and site specific clinical issues.</p> <p>Fall 2014: Faculty Sponsor for 1 student at New Meadow Therapeutic Preschool</p> <p>Spring 2012: Faculty Sponsor for 4 students at Charlton School, Head Start Ballston Spa School District, Saratoga Bridges, and ASPIRE NY</p> <p>Summer 2011: Faculty Sponsor for 2 students at Weill Cornell Medical College and at Saratoga Bridges</p> <p>Fall 2011: Faculty Sponsor for 1 student at Saratoga Bridges</p>

Spring 2011: Faculty Sponsor for 1 student at Saratoga Bridges

Spring 2010: Faculty Sponsor for 1 student at Saratoga Bridges

Summer 2009: Faculty Sponsor for 1 student at Saratoga Bridges

Spring 2009: Faculty Sponsor for 1 student at Saratoga Bridges

**Advanced
Research-Based
Independent
Studies:**

Spring 2023: Calley Mullin – Senior Seminar experience about the conceptualization of dissociation separate from stemming from trauma and its overlap with sleep disturbance and psychological disturbance other than trauma related disorders

Summer 2022: Danny Overton – Preparation for Fall '22 Senior Seminar

Spring 2021: Kaleigh Howard – Preparation for Senior Research Project studying sex education for ID/D individuals

Spring 2020: Benjamin Canter (lab manager) – Bridges Lab conducting research on the impact of integrative dance on quality of life for undergraduates and adults with developmental disabilities

Spring 2020: Bronwyn Hines, Maya Freedman, and Sarah Greene (research assistants) - research on the impact of integrative dance on quality of life for undergraduates and adults with developmental disabilities

Fall 2019: Benjamin Canter – Quality of life for undergraduates and adults with developmental disabilities

**High School
Science Research
Students**

2018-2020 – Ella Oimet ('20) – Saratoga Springs High School

2018-2020 – Lauren Hegener ('20) – Saratoga Springs High School

2015-2017 – Hannah Lefevre ('18) – Saratoga Springs High School

Advising:

Average 20-25 advisees per academic year in the past years. Advisees for 2023/2024 is 30 students.

Service: Fall 2023 – Present: Member of the Institutional Review Board

Fall 2018 – Present: Faculty Advisor Skidmore College Chapter Psi Chi

Fall 2017 – Spring 2018: Chair of the Participant Review Board

Spring 2017 – Present: Faculty Advisor for Best Buddies Skidmore College Chapter

Fall 2008 – Spring 2017: Member of the Participant Review Board.

CLINICAL WORK AND TRAINING EXPERIENCE

December 2015 - Present **Member. New York State Board for Licensure & Discipline, Albany, NY.** Fulfilling 5-year term. Provide consultation to the Office of Professions on disciplinary issues and assist with dispositions on complaints made against licensed psychologist within the state.

September 2008 – Present **Consulting Psychologist. Saratoga Bridges, Ballston Spa, NY.** Conduct full psychological assessments, including standardized Autism assessments for application for eligibility determination. Conduct evaluations for consent determination in the areas of sexuality, health-care decision-making, and end-of-life decision-making. Provide consultation with treatment teams and psychology department staff.

March 2009 – May 2011 **Private Practice. Rachel Mann-Rosan, Ph.D., PLLC, Saratoga Springs, NY.** Provided individual and/or group counseling, psychological assessment, diagnostic assessment for Autism Spectrum Disorders, and consent evaluation.

September 2012 **Road Map Contributor. Centers for Disease Control & Alzheimer Association Healthy Brain Initiative.** Appointed to participate in the identification of strategies that state and local public health entities can use to further progress in improving cognitive functioning and cognitive impairment.

December 2005 – November 2015 **Member, Vice Chair. New York State Board for Psychology, Albany, NY.** Fulfilled 2, 5-year terms. Elected Vice-Chair in June 2012. Provided opinion and guidance to the New York State Department of Education, Office of Professions, and Board of Regents on issues related to the practice of psychology in New York and the protection of patients. Provided consultation to the Office of Professions on disciplinary issues and assist with dispositions on complaints regarding licensed psychologists within the state.

- February 2003 – August 2008 **Supervising Psychologist. Saratoga Bridges, Ballston Spa, NY.** Oversight of psychological and behavioral services for all programs. Supervised psychology department staff. Provided individual and group counseling. Conducted full psychological and/or behavioral assessments. Developed, maintained, and reviewed behavior management programs. Provided consultation with treatment teams and Human Rights Committee. Developed policies concerning management of consumer-related clinical issues. Chair of Human Rights and Special Incident Review Committees for the agency.
- May 2001 – April 2002 **Research Scientist II/Behavioral Consultant. Jervis Clinic, NYS Institute for Basic Research in Developmental Disabilities, Staten Island, NY** Member of the Geriatric Training Initiative team. Provided lectures/seminars throughout NYS on issues of aging and dementia in adults with DD and Down syndrome. Administered dementia assessment batteries to DD adults. Conducted research and wrote papers for publication on the assessment of depression in older adults with developmental disabilities.
- September 1999 – August 2000 **APA Approved Pre-Doctoral Psychology Internship. Devereux, The Whitlock Center, Berwyn, PA.** Clinical Department member in residential and vocational rehabilitation centers for adults diagnosed with mental retardation and/or mental illness. Provided individual and group psychotherapy. Conducted full psychological assessments of residents. Provided consultation to treatment team members and staff training.
- September 1998 – August 1999 **Student Practicum. Devereux, The Whitlock Center, Berwyn, PA** Participated in the design and implementation of individualized behavioral relaxation programs for individuals. Co-facilitated a weekly psychotherapy group in community group home for women. Responsible for conducting full psychological assessments of residents.
- August 1997 – May 1998 **Clinical Externship. George Washington University, University Counseling Center, Washington, DC.** Provided individual weekly psychotherapy to a diverse population of undergraduate and graduate students. Conducted intake sessions for service eligibility determination. Provided vocational and educational counseling.
- September 1996 – May 1997 **Practicum in Individual Psychotherapy. Catholic University of America, University Counseling Center, Washington, DC.** Provided individual psychotherapy and treatment planning for clients from a diverse population of undergraduate and graduate students.

RESEARCH EXPERIENCE

- May 2001 – April 2002 **Jervis Clinic, NYS Institute for Basic Research in Developmental Disabilities, Staten Island, NY Research Scientist II/Behavioral Consultant.** Member of the Geriatric Training Initiative team. Conducted research and wrote papers for publication on the assessment of depression in older adults with developmental disabilities. Provided lectures throughout NYS on issues of aging and dementia in adults with DD and Down syndrome. Administered assessment to DD adults.
- July 1994 – May 1995 **Columbia Presbyterian Hospital/NY State Psychiatric Institute, New York, NY Research Assistant/Data Manager.** Responsible for entering and managing data for a 5-year longitudinal study of the treatment of suicidal adolescent outpatients and their families. Conducted statistical analyses and prepared tables and presentation slides.
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PUBLICATIONS

Canter, B. E, Hart, J., Clayton, M.G., Prinstein, M.J., **Mann-Rosan, R.**, & Solomon, S. (2023): Does Psychological Flourishing Have the Potential to Mitigate Self-Injurious Thoughts and Behaviors? A Preliminary Analysis of the Protective Influence of Flourishing, *Archives of Suicide Research*, DOI: [10.1080/13811118.2023.2265418](https://doi.org/10.1080/13811118.2023.2265418).

Tsiouris, J. A., **Mann, R.**, Patti, P. J., & Sturmey, P. (2004). Symptoms of depression and challenging behaviours in people with intellectual disability: a Bayesian analysis. *Journal of Intellectual & Developmental Disability*, 29(1), 65-69.

Tsiouris, J. A., **Mann, R.**, Patti, P.J., & Sturmey, P. (2002). Challenging behaviors should not be considered depressive equivalents in individuals with intellectual disabilities. *Journal of Intellectual Disability Research*.

Jobes, D.A., Luoma, J., Hustead, L., **Mann, R.E.** (2000). In the wake of suicide: Survivorship and postvention. In R.W. Maris, A.L. Berman, & M.M. Silverman (Eds.), *Comprehensive textbook of suicidology and suicide prevention*. New York: Guilford Publications, Inc.

Jobes, D.A., & **Mann, R. E.** (1999). Reasons for living versus reasons for dying: Examining the internal debate of suicide. *Suicide and Life-Threatening Behavior*, 29(2), 97-103.

Jobes, D.A., & **Mann, R. E.** (1999). Reasons for living versus reasons for dying: Examining the internal debate of suicide, Response. *The Journal of the California Alliance for the Mentally Ill*, 10(2), 50-52.

Foley, M.A., Belch, C., **Mann, R.**, & McLean, M. (1999). Self-referencing: How incessant the stream? *American Journal of Psychology*, 112(1), 73-96.

PRESENTATIONS/TRAININGS

Mann-Rosan, R. (2023, December). *Understanding Autism Spectrum Disorders in a College Population*. Skidmore College Counseling Center, Saratoga Springs, NY.

Mann-Rosan, R. (2010, February). *Recognizing and understanding Autism Spectrum Disorders*. Presented at the annual conference for the ChildCare Network, Queensbury, NY.

Tsiouris, J. A., **Mann, R.**, Patti, P.J., & Sturmey, P. (2002, October). *Symptoms of depression and Challenging behaviors in people with intellectual disabilities: A bayesian analysis*. Paper presented at the annual conference of the National Association for Developmental Disabilities, Denver, CO.

Bush, V., **Mann, R.**, Weinberg, M., & Rubino, M. (1999, August). *The effects of sensory stimulation on challenging behavior*. Poster session presented at the annual meeting of the American Psychological Association, Boston, MA.

Jobes, D. A., & **Mann, R.** (1998, April). Reasons for living vs. reasons for dying. In A. Hill (Chair), *Suicide: A Behavior with Multiple Views*. Paper presented at the annual conference of the American Association of Suicidology, Bethesda, MD.

PROFESSIONAL ASSOCIATION MEMBERSHIPS PAST & PRESENT

American Psychological Association

American Association on Intellectual and Developmental Disabilities

National Association for the Dually Diagnosed

Psychological Association of Northern New York

New York State Psychological Association

OTHER ACTIVITIES WITHIN THE COMMUNITY

2022-Present	Saratoga Safer Streets – Steering Committee Member
2017 - 2021	Saratoga Springs Figure Skating Club – Vice President, Fundraising Chair
2016 – 2021	Saratoga Springs Figure Skating Club – Director of Learn to Skate
2013-2015	Saratoga Springs Synchronized Skating Program - Grant writer
