

## Helping Your Student with Roommate Concerns

Living on campus provides students with some amazing opportunities to have a wide variety of experiences. With that may come certain complications as well. It is an extremely valuable and important skill to be able to work through conflict.

If your student is having difficulties with their roommate here are some tips to share to help them work through the issue.

- Be open to listen to what their roommate has to say. Open dialogue goes a long way.
- Be respectful with language. Use “I statements” and own their behavior in the room.
- Be willing to compromise as needed to find a solution.
- Come to the discussion with a reasonable solution in mind.
- Ask the RA for help mediating the conflict.
- Use your [Roommate Agreement](#) (link) to help guide the discussion.

*Adapted from the University of Delaware’s Office of Residential Life webpage.*