

Programming Online Information Resources

Academics:

Organization

<http://www.willamette.edu/dept/lcenter/resources/goals/organization.html>

Resources on Campus

<http://cms.skidmore.edu/advising/>

http://cms.skidmore.edu/academic_services/

<http://www.skidmore.edu/writingcenter/index.php>

Study Tips

<http://www.collegeatlas.org/college-study-guides.html>

<http://www.dartmouth.edu/~acskills/success/study.html>

Time Management

<http://www.dartmouth.edu/~acskills/success/time.html>

<http://learnhigher.ac.uk/Students/Time-management.html>

Career Development:

How to Dress

<http://www.career.vt.edu/interviewing/interviewappearance.html>

<http://career-advice.monster.com/job-interview/interview-appearance/dress-for-success/article.aspx>

Interviewing

<http://msn.careerbuilder.com/msn/category.aspx?categoryid=IV>

<http://career-advice.monster.com/job-interview/careers.aspx>

Resume and Cover Letter

<http://msn.careerbuilder.com/msn/category.aspx?categoryid=CL>

<http://career-advice.monster.com/resumes-cover-letters/careers.aspx>

Resources on Campus

<http://www.skidmore.edu/career/index.php>

<http://www.skidmore.edu/career/about/index.php>

Health & Wellness:

Alcohol and Other Drugs

<http://www.collegedrinkingprevention.gov/>

<http://www.cdc.gov/features/collegehealth/>

http://www.cdc.gov/tobacco/quit_smoking/

<http://www.drugabuse.gov/publications/drugs-your-body-it-isnt-pretty-teaching-guide-poster>

Cold and Flu Care

<http://www.nlm.nih.gov/medlineplus/ency/article/007446.htm>

http://www.uwsuper.edu/shcs/news/cold-and-flu-prevention-for-college-students_article1466486

<http://health.howstuffworks.com/diseases-conditions/cold-flu>

Mental Health

http://www.nami.org/Content/NavigationMenu/Find_Support/NAMI_on_Campus1/collegeereport.pdf

<http://www.nimh.nih.gov/health/publications/anxiety-disorders/index.shtml>

<http://health.howstuffworks.com/mental-health>

Nutrition

<http://www.choosemyplate.gov/>

<http://www.clarke.edu/page.aspx?id=6510>

<http://www.med.umich.edu/pfans/docs/tip-2012/budget-0812.pdf>

<http://health.howstuffworks.com/wellness/food-nutrition>

Physical Fitness

<http://www.cdc.gov/physicalactivity/everyone/guidelines/index.html>

<http://health.usnews.com/health-news/articles/2012/08/23/college-fitness-5-tips-for-staying-in-shape>

<http://health.howstuffworks.com/wellness/diet-fitness/information>

Resources on Campus

<http://www.skidmore.edu/health/>

<http://www.skidmore.edu/counseling/>

http://skidmoreathletics.com/sports/2008/9/4/Gen_0904081907.aspx?tab=facilities

http://cms.skidmore.edu/academic_services/accessibility/index.cfm

Safe Sex

<http://www.cdc.gov/healthyyouth/sexualbehaviors/index.htm>

<http://smartersex.org/index.asp>

<http://goaskalice.columbia.edu/>

<http://health.howstuffworks.com/sexual-health>

Sleep

http://www.cdc.gov/sleep/about_sleep/sleep_hygiene.htm

<http://www.nhlbi.nih.gov/health/public/sleep/healthysleepfs.pdf>

<http://science.howstuffworks.com/life/inside-the-mind/human-brain/sleep.htm>

Stress

http://www.cdc.gov/violenceprevention/pub/coping_with_stress_tips.html

http://www.helpguide.org/mental/stress_management_relief_coping.htm

<http://health.howstuffworks.com/wellness/stress-management>

Good Citizenship:

Campus Events

<http://cms.skidmore.edu/events/>

<http://www.skidmore.edu/campuslife/>

Campus Groups

<http://www.skidmoresga.org/>

<http://www.skidmoresga.org/committees/sga-committees>

<http://www.skidmoresga.org/clubs/open-positions>

Community Service

http://www.skidmore.edu/community_service/students/index.php

<http://www.franklincommunitycenter.org/how-you-can-help/volunteer-opportunities/>

<http://pinterest.com/jbsbabydoll/service-project-ideas/>

<http://voices.yahoo.com/community-service-ideas-high-school-college-440054.html>

Dating Violence

<http://www.loveisrespect.org/is-this-abuse/dating-violence-statistics>

<http://www.breakthecycle.org/>

<http://www.loveisnotabuse.com/>

<http://www.cdc.gov/violenceprevention/intimatepartnerviolence/index.html>

<http://www.rainn.org/>

Different Backgrounds

<http://www.skidmore.edu/osdp/index.php>

<http://www.skidmore.edu/igr/>

<http://www3.davidson.edu/cms/Documents/StudentLife/ChidseyLeadershipDev/LLCelebratingDiversity.pdf>

<http://www.sbhihelp.org/files/Diversity88Ways.pdf>

<http://people.howstuffworks.com/culture-and-traditions-channel.htm>

Recognizing Holidays

<http://www.educationworld.com/holidays/archives/december.shtml>

<http://people.howstuffworks.com/culture-traditions/holidays>

<http://people.howstuffworks.com/religion-and-spirituality-channel.htm>

Sustainability

<http://www.epa.gov/sustainability/>

<http://www.sustainablesaratoga.org/>

<http://www.greenreportcard.org/>

Independent Living:

Budget and Finances

<http://www.citizensbank.com/student-loans/budgeting.aspx>

<http://www.educationcents.org/Articles/Paying-For-College-10-Budgeting-Tips.aspx>

<https://www.educationcents.org/Calculators/Budget-Worksheets/Traditional-College-Student.aspx>

Cleaning

<http://www.thecampuscompanion.com/2012/11/19/housekeeping-cleaning-tips-for-the-college-student/#.UZ4i3tgkKSo>

http://www.abc15.com/dpp/lifestyle/sonoran_living/moxie-girl%27s-cleaning-tips-for-college-students

<http://news.consumerreports.org/home/2012/09/laundry-tips-for-college-students.html>

Communication

<http://www.nacada.ksu.edu/Resources/Clearinghouse/View-Articles/Communication--listening-skills-resources.aspx>

http://www.niu.edu/Legal/topics/landlord/survival_guide.shtml#communication

Conflict Resolution

http://www.campus-adr.org/Student_Center/content/tips_student/

http://www.niu.edu/Legal/topics/landlord/survival_guide.shtml#communication

Finding an Apartment

http://articles.chicagotribune.com/2012-04-06/classified/sc-cons-0405-college-housing-20120406_1_rental-rates-convenience-store-college-campus

<http://www.movers.com/student-moving/apartment-hunting-tips-for-college-students.html>

Food Preparation

<http://homefoodsafety.org/food-poisoning/college>

http://www.fsis.usda.gov/factsheets/safe_food_handling_fact_sheets/index.asp

<http://pinterest.com/dcccd/easy-college-student-recipes/>

<http://www.epicurious.com/>